

Dr. Sinatra's **Heart Healthy Multivitamin™ Men** is a Daily Essential formula. It provides daily nutrition with added support for heart and overall men's health.†

UNCONDITIONALLY GUARANTEED

for purity and labeled potency. Store bottle in a cool, dry place.

Precautions: Consult a health care practitioner before use if you're pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

 **Quatrefolic** is a registered trademark of Gnosis S.p.A. and protected by US Patent No. 7,947,662.

Graminex G63® is a registered trademark of Graminex LLC.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Heart Healthy Multivitamin™

Men

Dietary Supplement

90 Tablets

Doctor's Suggested Use: Take 3 tablets daily with a meal.

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (from beta carotene, retinyl palmitate)	1,500 mcg RAE 194%	Selenium (as selenomethionine)	100 mcg 182%
Vitamin C (as mineral ascorbates, ascorbic acid)	400 mg 444%	Copper (as gluconate)	1 mg 111%
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU) 125%	Manganese (as gluconate)	1.4 mg 61%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg 893%	Chromium (as polynicotinate)	200 mcg 571%
Thiamine (as mononitrate)	20 mg 1,667%	Molybdenum (as chelate)	80 mcg 178%
Riboflavin	20 mg 1,538%	Men's Heart Healthy Blend	460 mg *
Niacin (as niacinamide)	40 mg NE 250%	Citrus Bioflavonoids (40% hesperidin), Grape Seed Extract, Olive Extract (leaf), Artichoke Extract (leaf and flower), Pomegranate Extract (fruit), Turmeric Extract (rhizome), Black Cherry Extract (fruit), Cocoa Powder (bean), Mixed Tocopherols	
Vitamin B6 (as pyridoxine hydrochloride)	40 mg 2,353%	Men's Health Blend	251 mg *
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt)(Quatrefolic®)	170 mcg DFE 43%	Stinging Nettle Extract (root), Pumpkin Extract (seed), Flower Pollen Extract (Graminex G63®), Lycopene (from tomato fruit)	
Vitamin B12 (as methylcobalamin)	250 mcg 10,417%	Silicon (as dioxide)	17 mg *
Biotin	200 mcg 667%	Lutein (from marigold flower)	2 mg *
Pantothenic Acid (as calcium pantothenate)	40 mg 800%	Vanadium (as sulfate)	200 mcg *
Calcium (as carbonate, ascorbate)	150 mg 12%		
Iodine (from potassium iodide)	150 mcg 100%		
Magnesium (as oxide, ascorbate)	200 mg 48%		
Zinc (as oxide)	20 mg 182%		

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, beeswax, carnauba wax

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