

Directions: Adults, take one (1) tablet daily preferably with a meal.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% of Daily Value	Amount Per Serving	% of Daily Value
Vitamin A (50% as retinyl acetate & 40% as beta-carotene)	750 mcg 80%	Phosphorus (as dicalcium phosphate)	20 mg 2%
Vitamin C (as ascorbic acid)	60 mg 67%	Iodine (as potassium iodide)	150 mcg 100%
Vitamin D (as cholecalciferol)	25 mcg 125%	Magnesium (as magnesium oxide)	50 mg 12%
Vitamin E (as di-alpha-tocopheryl acetate)	22.5 mg 150%	Zinc (as zinc oxide)	11 mg 100%
Vitamin K (as phytylquinone)	20 mcg 20%	Selenium (as sodium selenite)	19 mcg 35%
Thiamin (as thiamine mononitrate)	1.5 mg 125%	Copper (as copper sulfate)	0.5 mg 50%
Riboflavin	1.7 mg 131%	Manganese (as manganese sulfate)	2.3 mg 100%
Niacin (as niacinamide)	20 mg 125%	Chromium (as chromium picolinate)	50 mcg 143%
Vitamin B6 (as pyridoxine hydrochloride)	3 mg 129%	Molybdenum (as sodium molybdate)	45 mcg 100%
Folate (400 mcg folic acid)	167%	Chloride (as potassium chloride)	72 mg 2%
Vitamin B12 (as cyanocobalamin)	25 mcg 1042%	Potassium (as potassium chloride)	80 mg 2%
Biotin	30 mcg 150%		
Pantothenic acid (as calcium pantothenate)	10 mg 200%	Lutein	250 mcg *
Calcium (as calcium carbonate, dicalcium phosphate, calcium pantothenate)	220 mg 17%	Lycopene	300 mcg *

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, starch, croscarmellose sodium, maltodextrin. Contains less than 2% of: magnesium stearate, hypromellose, silicon dioxide, sucrose, acacia gum, titanium dioxide, alginate, triethyl citrate, medium chain triglycerides, gelatin, DL-alpha-tocopherol, FD&C blue #2 lake, carnauba wax, BHT, sodium ascorbate, corn oil, FD&C red #40 lake, FD&C yellow lake, rosemary extract.

Vitabasic Senior

with LUTEIN & LYCOPENE
MULTIVITAMIN / MULTIMINERAL
IRON FREE / GLUTEN FREE
FOR ADULTS 50+



DIETARY SUPPLEMENT

HIGH QUALITY BASICS
GLUTEN FREE

100
TABLETS

WARNING: Not to be used in conjunction with any drug(s) without first consulting your doctor. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF THE REACH OF CHILDREN.

DO NOT USE IF INNER SEAL IS MISSING OR BROKEN.
STORE AT ROOM TEMPERATURE.

www.basicvitamins.com Product # 75

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