

DIRECTIONS: Adults take (3) three capsules daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size: 3 Capsules
Servings per container: 30

	Amount Per Serving	% of Daily Value
Vitamin C (as Ascorbic Acid)	150 mg	170%
Calcium (as Calcium Phosphate)	54 mg	4%
Biotin	2,400 mcg	8,000%
Hydrolyzed Collagen (bovine)	1500 mg	**

**Daily Value not established.

Other Ingredients: Gelatin, Magnesium Stearate and Titanium Dioxide.
No added Gluten, Milk, Egg, Fish, Tree Nuts, Peanuts, Wheat, Soy, Crustacean Shellfish
WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your physician if any adverse reactions occur.
Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

basic's

COLLAGEN
1500 mg per serving

PLUS BIOTIN &
VITAMIN C

PROMOTES HEALTHY HAIR,
SKIN & NAILS.*
SUPPORTS CARTILAGE &
JOINT FUNCTION*

DIETARY SUPPLEMENT
HIGH QUALITY BASICS
GLUTEN FREE



90 CAPSULES

DO NOT USE IF INNER SEAL IS MISSING OR BROKEN
STORE IN A DRY PLACE UNDER CONTROLLED ROOM
TEMPERATURE: 20°-25°C (68°-77°F).

