Color of this product may vary due to color variations of the natural ingredients.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Distributed by BODSMITH P.O. Box 513 Litchfield, MI 49252 www.bodsmith.com





within Balance Supplement to Mineral Ranges\* Dietan Support Normal





Gluten Free 120 Vegetarian Capsules Suggested Use: As a dietary supplement, take 4 capsules daily with food, divided between AM and PM, or as directed by your healthcare practitioner.

## **Supplement Facts**

Serving Size 4 Capsules Servings Per Container 30

Amount Per Serving	% Daily	Value
Vitamin D3 (as Cholecalciferol) 200 IU	14, 8	50%
Calcium (as Ca Citrate & Ca Malate) 3	00 mg	30%
lodine (from Kelp) 150 mcg	- 10	100%
Magnesium (as Mg Glycinate) 300 mg		75%
Zinc (as Zn Picolinate) 15 mg	- 1	100%
Selenium (as Se Citrate) 100 mcg	- 1	143%
Copper (as Cu Glycinate ) 2 mg	1	100%
Manganese (as Mn Glycinate) 2000 m	cg 1	100%
Chromium (as Cr Polynicotinate) 200 r	mcg 1	167%
Molybdenum (as Mo Picolinate) 100 m	ncg 1	133%
Potassium (as K Citrate) 99 mg		3%
Boron (as B Picolinate) 2 mg		
Vanadium (as Vanadyl Sulfate) 100 me	cg	•
*Daily Value not established.		

Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

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