

SUGGESTED USE: As a dietary supplement, take two (2) capsules once daily, preferably with a meal and water or as recommended by a health care professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition or who are taking any medications should consult a physician before using this or any dietary supplement.

STORE IN A COOL, DRY PLACE.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Questions about our product?

We are here to help you! Email our team at support@bioschwartz.com

Manufactured for
BioSchwartz LLC
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BIO Schwartz
<http://www.bioschwartz.com>

NO Artificial Ingredients, Fillers, Allergens, Chemicals, Color Additives, Binders or Preservatives.

Lot# and Expiration Date Printed on Bottom of Bottle.



BIO Schwartz

**BEST
SELLING
BRAND**

Advanced Formula

WOMEN'S MULTIVITAMIN

WHOLE BODY HEALTH

SPECIALLY FORMULATED FOR STOMACH COMFORT†



- ✓ Bone & Breast Support†
- ✓ Energy Support†
- ✓ Immune Support†
- ✓ Highly Absorbable Nutrients†
- ✓ No Fillers or GMO's†

30

Day Supply

60

Veggie Caps

Dietary Supplement

Supplement Facts

Serving Size: 2 Veggie Capsules
Servings Per Container: 30

	Amount Per Serving	% DV		Amount Per Serving	% DV
Vitamin A (as beta carotene)	900 mcg RAE	100%	Iodine (potassium iodide)	120 mcg	80%
Vitamin C (calcium ascorbate, ascorbyl palmitate)	120 mg	133%	Magnesium (amino acid chelate)	45 mg	30%
Vitamin D3 (cholecalciferol)	80 mcg	400%	Zinc (citrate)	6.6 mg	60%
Vitamin E (d-alpha tocopheryl succinate)	15 mg	100%	Selenium (L-selenomethionine)	33 mcg	60%
Vitamin K2 (menaquinone MK-7)	96 mcg	80%	Copper (gluconate)	0.54 mg	60%
Thiamin (thiamin HCl)	1.2 mg	100%	Manganese (gluconate)	2.3 mg	100%
Riboflavin	1.3 mg	100%	Chromium (niacinate)	7 mcg	20%
Niacin (niacinamide)	19.2 mg NE	120%	Potassium (citrate)	85 mg	2%
Vitamin B6 (pyridoxine HCl)	1.7 mg	100%	Alpha Lipoic Acid	15 mg	*
Folate (folic acid)	800 mcg DFE	200%	Inositol	15 mg	*
Vitamin B12 (methylcobalamin)	4.8 mcg	200%	Citrus Bioflavonoids	15 mg	*
Biotin	60 mcg	200%	Digestive Enzyme Blend† (protease, amylase, lactase, cellulase, lipase, bromelain)	20 mg	*
Pantothenic Acid (d-calcium pantothenate)	5 mg	100%	Digestion Blend† (Ginger root, Fennel seed, Chamomile flower, peppermint leaf extract)	30 mg	*
Choline (bitartrate)	110 mg	20%	Anti-Aging Blend† (grape seed extract, goji fruit extract, reishi [ganoderma lucidum] powder)	65 mg	*
Calcium (calcium citrate, calcium ascorbate)	130 mg	10%			
Iron (ferrous fumarate)	9 mg	50%			

* Daily Value (DV) Not Established

Other Ingredients: Veggie Capsule (HPMC)

Label No. 19101100-000