

Natural Vitamin K2 – MenaQ7® contains the superior form of vitamin K for optimum bioavailability and delivery to the body. MenaQ7® is purified from natto, a traditional Japanese fermented soybean food naturally rich in vitamin K2. Vitamin K isn't one vitamin, it's a family of fat-soluble vitamins with similar structures but different metabolic properties. K2 belongs to a group of vitamin K compounds called *menaquinones*, which show greater bioactivity when compared to K1, the ordinary supplemental form. K2 is absorbed more completely, remains in the body longer and delivers more benefits for bones, blood vessels and other soft tissues.*

Supports Bone Health and Soft Tissue Elasticity*

Delivers Optimum Levels of Vitamin K to Bone and Soft Tissue*

Supports Calcium Metabolism for Maintenance of Healthy Bone*

MenaQ7® is a trademark of NattoPharma, Norway. Patents Pending.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Dietary
Supplement**

Natural Vitamin K2
MenaQ7®
Natural Vitamin K2

**THE SUPERIOR FORM OF VITAMIN K FOR
HEALTHY BONES AND SOFT TISSUE***

45 mcg/60 Veggie Caps

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Supplement Facts

Serving Size 1 capsule

Servings per container 60 servings

Amount per serving % Daily Value

Vitamin K	45 mcg	56%
(as vitamin K2 from 45 mcg of MenaQ7®)		

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), magnesium stearate (vegetable source), starch, fatty acids.

Suggested Adult Use: Take 1 capsule daily, with or without food.

Caution: This product contains vitamin K. Consult your physician if using blood-thinning medications such as Coumadin/warfarin.

Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS



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