







WITH CHAMOMILE AND VALERIAN ROOT HELPS SUPPORT A

RESTFUL AND RESTORATIVE GOOD NIGHT'S SLEEP

DIFTARY SUPPLEMENT 1 fl. oz. / 30 mL



MIND RODY SKIN"

NOTE: Pregnant or breastfeeding women, those with a medical condition, those taking medication, and those experiencing long-term sleep difficulties should consult with a doctor prior to taking supplements. Do not spray into eyes. Do not use if outer seal of cap is broken or missing. Keep out of reach of children.

Made in a facility that processes wheat, eggs, fish, soybeans, milk, and tree nuts.







These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts Serving Size 7 sprays (0.03 fl. oz. / 0.98 ml)

Servings Per Container 30

Amount Per Serving

% Daily Value Melatonin 2 mg

Proprietary Botanical Blend 0.098 mL Chamomile (Matricaria recutita) flower extract, hops (Humulus lupulus) flower extract, passion flower (Passiflora incarnata) aerial parts extract, valerian (Valeriana officinalis) root extract

*Daily Value not established

OTHER INGREDIENTS: water, glycerin, agave nectar, invert sugar, natural flavor, potassium sorbate, citric acid, propylene glycol, sorbitan monolaurate, lauric arginate.

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DIRECTIONS: Shake well, then press actuator down 3 or more times to prime pump. Spray 7 times into mouth, hold for 20 seconds and then swallow. Use 7 sprays once nightly (at bedtime or 30 minutes before). Do not drive or use machinery for 5 hours after taking melatonin. Do not exceed the recommended daily intake of 1 serving per day.

Distributed by Arbonne International, LLC 9400 Jeronimo Road Irvine, CA 92618 USA

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Manufactured in USA from imported materials.

Keep in a cool, dry place.