

**SUGGESTED USE:** As a dietary supplement take three (3) capsules daily. For best results take one (1) capsule in the morning and two (2) capsules at night, preferably with food and water or as directed by a healthcare professional.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition or who are taking any medications should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Questions about our product?

We are here to help you! Email our team at [support@bioschwartz.com](mailto:support@bioschwartz.com)



Lot# and Expiration Date Printed on Bottom of Bottle.



# BIO Schwartz®



## Maximum Absorption **MAGNESIUM BISGLYCINATE** CHELATE BUFFERED (TRAACS®)

SUPPORTS OPTIMAL HEALTH†



- ✓ Easy to Swallow Mini-Caps†
- ✓ Gentle on the Stomach†
- ✓ No Fillers or Binders
- ✓ Third Party Tested
- ✓ Made in USA



60  
Day Supply

180  
Veggie Caps

Dietary Supplement

Superior Quality Guarantee  
More info at [bioschwartz.com](http://bioschwartz.com)

## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 60

	Amount Per Serving	% DV
Magnesium (as 400mg Magnesium Bisglycinate Chelate Buffered - Magnesium Bisglycinate Chelate, Magnesium Oxide) (TRAACS®)	72mg	17%

\*Daily Value (DV) not established

Other Ingredients: Veggie Capsule (Vcaps® Plus)

Manufactured for  
BioSchwartz LLC  
New York, NY 10019  
+1 (855) 739-2206



<http://www.bioschwartz.com>

TRAACS® and the Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc. Vcaps® Plus is a trademark of Capsugel

Free of Soy, Gluten, Milk, Egg, Wheat, Peanuts, Sweeteners, Shellfish and Sugar.

**NO** Artificial Ingredients, Fillers, Chemicals, Color Additives, Binders or Preservatives.

Magnesium-180-LABEL-175-102820