

basic's

# B-COMPLEX

# Vitamin C<sup>+</sup>

## HIGH POTENCY

**NO ADDED YEAST, CORN, DAIRY**

DIETARY SUPPLEMENT  
HIGH QUALITY BASICS



100  
Capsules

KEEP OUT OF THE REACH OF CHILDREN.  
DO NOT USE IF INNER SEAL  
IS MISSING OR BROKEN.  
DO NOT EXPOSE TO EXCESSIVE HEAT OR MOISTURE.



DIRECTIONS: Adults, take one (1) capsule daily as a dietary supplement, preferably with a meal.

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	300 mg	330%
Thiamin (vitamin B1 as thiamine mononitrate)	15 mg	1,250%
Vitamin B2 (riboflavin)	10.2 mg	780%
Niacin (as niacinamide)	50 mg NE <sup>1</sup>	310%
Vitamin B6 (pyridoxine hydrochloride)	5 mg	290%
Pantothenic Acid (as calcium pantothenate)	10 mg	200%

Other Ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica, titanium dioxide, FD&C Yellow #5 (tartrazine) and FD&C Green #3. This product contains Yellow #5 (tartrazine).

<sup>1</sup>NE - Niacin Equivalents

WARNING: If you are pregnant, nursing or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

[www.basicvitamins.com](http://www.basicvitamins.com) Product # 41

Manufactured For: Basic Drugs, Inc.

Vandalia, OH 45377 USA 937-898-4010