

GPC (GlyceroPhosphoCholine) and PS (PhosphatidylSerine) are phospholipid nutrients intensively researched for their benefits to diverse human brain functions.* These nutrients naturally complement each other: GPC reaches very high concentrations inside cells; PS is a building block for cell membranes that generate the brain's energy and electricity.* Numerous double-blind trials catalog the benefits of GPC and PS for people of all ages.*

- Supports attention, learning, memory, and other cognitive functions*
- Assists the brain and body in coping with stress*
- Facilitates growth factor action for brain circuit renewal*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Doctor's BEST[®]

Science-Based
Nutrition[™]

Dietary
Supplement

Natural Brain Enhancers

PS & GPC

60 Veggie Caps

Supplement Facts

Serving Size 2 capsules

Servings per container 30 servings

Amount per serving % Daily Value

GlyceroPhosphoCholine (GPC) 300 mg †

PhosphatidylSerine (PS) 100 mg †

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), dicalcium phosphate, magnesium stearate (vegetable source), magnesium silicate, silicon dioxide.

Suggested Adult Use: Take 1 capsule twice daily between meals, not later than 4 pm. Intakes up to 6 capsules per day may be beneficial, as recommended by a nutritionally informed physician.

Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

Manufactured for **Doctor's Best, Inc.**

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