

Brenda Watson's

# VITAL FLORA<sup>PRO</sup>

60 BILLION<sup>†</sup> 60 STRAINS

WOMEN'S DAILY PROBIOTIC + prebiotics

DIGESTIVE<sup>+</sup> + IMMUNE<sup>+</sup> + VAGINAL<sup>+</sup>

30 Delayed Release Vegetable Capsules



Brenda Watson's  
**VITAL PLANET<sup>™</sup>**  
Probiotic Supplement

Directions: For best results, adults take one (1) capsule daily with or without food.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

|                                                                                                                                                                | Amount Per Serving            | %DV |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|-----|
| <b>Women's Proprietary Probiotic Blend</b>                                                                                                                     | <b>232 mg</b>                 |     |
| <i>Lactobacillus acidophilus</i> (VPLA-4, NCFM, VP-15, VP-35, HA-122)                                                                                          |                               | *** |
| <i>Lactobacillus plantarum</i> (VPLP-5, VP-29, VP-17, VP-47, VP-36)                                                                                            |                               | *** |
| <i>Lactobacillus paracasei</i> (Lpc-37, VP-5, VP-42, VP-33)                                                                                                    |                               | *** |
| <i>Lactobacillus rhamnosus</i> (GG, HN001, VP-6, VP-19, HA-111, VP-46, VP-34, VP-11)                                                                           |                               | *** |
| <i>Lactobacillus brevis</i> (VPLB-5, VP-37)                                                                                                                    |                               | *** |
| <i>Lactobacillus bulgaricus</i> (VPLB-7, VP-23)                                                                                                                |                               | *** |
| <i>Lactobacillus casei</i> (VPLC-1, VP-12, VP-30, VP-9, VP-16)                                                                                                 |                               | *** |
| <i>Lactobacillus reuteri</i> (VPLR-1, VP-24)                                                                                                                   |                               | *** |
| <i>Lactobacillus salivarius</i> (VP-4, VP-38, VP-18)                                                                                                           |                               | *** |
| <i>Lactobacillus fermentum</i> (VP-48)                                                                                                                         |                               | *** |
| <i>Lactobacillus gasseri</i> (VP-20, VP-40)                                                                                                                    |                               | *** |
| <i>Lactobacillus helveticus</i> (VP-3, R0052, VP-44)                                                                                                           |                               | *** |
| <i>Lactobacillus delbrueckii</i> (VP-10, VP-31)                                                                                                                |                               | *** |
| <b>Total Lacto Probiotic Cultures</b>                                                                                                                          | <b>40 Billion<sup>†</sup></b> |     |
| <i>Bifidobacterium lactis</i> (VPBA-4, B-420, HN019, BI-07, VP-50, VP-13)                                                                                      |                               | *** |
| <i>Bifidobacterium infantis</i> (VPBI-6)                                                                                                                       |                               | *** |
| <i>Bifidobacterium bifidum</i> (VPBB-6, VP-2, VP-49)                                                                                                           |                               | *** |
| <i>Bifidobacterium longum</i> (VPBL-5, VP-14, R0175)                                                                                                           |                               | *** |
| <i>Bifidobacterium breve</i> (VP-7, VP-39, VP-21)                                                                                                              |                               | *** |
| <b>Total Bifido Probiotic Cultures</b>                                                                                                                         | <b>20 Billion<sup>†</sup></b> |     |
| <b>Total Probiotic Cultures</b>                                                                                                                                | <b>60 Billion<sup>†</sup></b> |     |
| <b>Prebiotic and Fiber Blend</b>                                                                                                                               | <b>250 mg</b>                 |     |
| Potato (resistant starch), Organic Acacia Fiber, Organic Apple Fiber, Organic Blue Agave, Organic Guar Gum, Organic Jerusalem Artichoke (root), Chicory (root) |                               |     |

\*\*\*Daily Value (DV) not established.

Other Ingredients: Vegetable capsule (vegetable fiber & water), cellulose, organic rice hull.

Contains traces of **dairy**. May contain traces of **soy** from fermentation ingredients.

Store at 41°F (5°C) or below. Keep refrigerated.

**KEEP OUT OF REACH OF CHILDREN.**

Consult your healthcare professional before using this or any product if you are pregnant, nursing, or under medical supervision.

† Formulated to maintain potency until expiration date under recommended storage conditions.

## MEET THE CREATOR OF VITAL FLORA

Brenda Watson

Digestive Care Expert  
Founder of Vital Planet  
NY Times Bestselling Author

For more than 20 years, I've devoted my life to helping people balance their digestive system and achieve vibrant health & vitality.

I believe that overall good health begins with a healthy gut. Our digestive tracts contain many different strains of bacteria and microbes. Vital Flora is formulated to support overall health and vitality.

Support your gut daily with

**VITAL FLORA  
WOMEN'S DAILY  
PROBIOTIC.\***

**Quality & Purity Guaranteed**  
Distributed by Vital Planet  
133 Candy Ln., Palm Harbor,  
Florida 34683  
Phone: 800.938.8482  
VitalPlanet.com



Manufactured  
in a facility in the  
USA that is GMP

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

## WHAT TO LOOK FOR IN A PROBIOTIC

### 60 BILLION LIVE CULTURES

Formulated with 60 billion live probiotic cultures in every capsule Vital Flora contains the potency that you want.\*

### 60 VITAL PROBIOTIC STRAINS

A healthy gut contains a highly diverse balance of good microbes. Vital Flora contains multiple strains of Lacto and Bifido bacteria to more closely mirror the natural diversity of the human gut.\*

NO  
ARTIFICIAL  
INGREDIENTS

### JUST FOR WOMEN

Vital Flora Women's Daily is formulated by a woman for women. Contains a specific ratio of beneficial bacteria for women.\*

### DELAYED RELEASE CAPSULES

Vital Flora's delayed release capsules help ensure more probiotics reach the intestinal tract where you want them.\*

GLUTEN  
FREE

### PREBIOTIC BLEND

Prebiotics are food for probiotics and help stimulate the growth of good gut bacteria.\*

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