

Brenda Watson's

VITAL FLORA PRO

60 BILLION* 60 STRAINS

WOMEN 55+
PROBIOTIC
+ prebiotics

DIGESTIVE* + IMMUNE* + VAGINAL*

30 Delayed
Release
Vegetable Capsules

FAMILY
OWNED



NO REFRIGERATION REQUIRED

Probiotic Supplement

Directions: For best results, adults take one (1) capsule daily with or without food.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	%DV
Women 55+ Proprietary Probiotic Blend	232 mg	
<i>Lactobacillus plantarum</i> (VPLP-5, VP-29, VP-17, VP-47, VP-36)		
<i>Lactobacillus rhamnosus</i> (GG, VP-6, VP-43, VP-19, VP-27, VP-46, VP-34, VP-11)		***
<i>Lactobacillus acidophilus</i> (VPLA-4, VP-28, VP-15, VP-8, VP-35)		***
<i>Lactobacillus casei</i> (VPLC-1, VP-12, VP-30, VP-9, VP-16)		***
<i>Lactobacillus paracasei</i> (VP-22, VP-5, VP-42, VP-33)		***
<i>Lactobacillus salivarius</i> (VP-4, VP-38, VP-18)		***
<i>Lactobacillus brevis</i> (VPLB-5, VP-37)		***
<i>Lactobacillus bulgaricus</i> (VPLB-7, VP-23)		***
<i>Lactobacillus reuteri</i> (VPLR-1, VP-24)		***
<i>Lactobacillus gasseri</i> (VP-20, VP-40)		***
<i>Lactobacillus fermentum</i> (VP-48)		***
<i>Lactobacillus helveticus</i> (VP-3, VP-25, VP-44)		***
<i>Lactobacillus delbrueckii</i> (VP-10, VP-31)		***
Total Lacto Probiotic Cultures	45 Billion CFU†	
<i>Bifidobacterium lactis</i> (VPBA-4, VP-41, VP-26, VP-45, VP-50, VP-13)		***
<i>Bifidobacterium bifidum</i> (VPBB-6, VP-2, VP-49)		***
<i>Bifidobacterium breve</i> (VP-7, VP-39, VP-21)		***
<i>Bifidobacterium longum</i> (VPBL-5, VP-14, VP-32)		***
<i>Bifidobacterium infantis</i> (VPBI-6)		***
Total Bifido Probiotic Cultures	15 Billion CFU†	
Total Probiotic Cultures	60 Billion†	
Prebiotic and Fiber Blend	250 mg	
Potato (resistant starch), Organic Acacia Fiber, Organic Apple Fiber, Organic Blue Agave, Organic Guar Gum, Organic Jerusalem Artichoke (root), Chicory (root)		

***Daily Value (DV) not established.

Other Ingredients: Vegetable capsule (vegetable fiber & water), cellulose, organic rice hull.

Contains traces of **dairy**. May contain traces of **soy** from fermentation ingredients.

Store at 77°F (25°C) or below.

KEEP OUT OF REACH OF CHILDREN.

Consult your healthcare professional before using this or any product if you are pregnant, nursing, or under medical supervision.

† Formulated to maintain potency until expiration date under recommended storage conditions.

MEET THE CREATOR OF VITAL FLORA

Brenda Watson

Digestive Care Expert
Founder of Vital Planet
NY Times Bestselling Author

For more than 20 years, I've devoted my life to helping people balance their digestive system and achieve vibrant health & vitality.

I believe that overall good health begins with a healthy gut. Our digestive tracts contain many different strains of bacteria and microbes. Vital Flora is formulated to support overall health and vitality.

Support your gut daily with

**VITAL FLORA
WOMEN 55+
PROBIOTIC.***

Quality & Purity Guaranteed
Distributed by Vital Planet
133 Candy Ln., Palm Harbor,
Florida 34683
Phone: 800.938.8482
VitalPlanet.com



Manufactured
in a facility in the
USA that is GMP

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

WHAT TO LOOK FOR IN A
PROBIOTIC

60 BILLION LIVE CULTURES

Formulated with 60 billion live probiotic cultures in every capsule Vital Flora contains the potency that you want.†

NO
ARTIFICIAL
INGREDIENTS

60 VITAL PROBIOTIC STRAINS

A healthy gut contains a highly diverse balance of good microbes. Vital Flora contains multiple strains of Lacto and Bifido bacteria to more closely mirror the natural diversity of the human gut.*

GLUTEN
FREE

JUST FOR WOMEN AGE 55+

Vital Flora Women 55+ is formulated by a woman for a woman. Contains a specific ratio of beneficial bacteria for women age 55+.*

DELAYED RELEASE CAPSULES

Vital Flora's delayed release capsules help ensure more probiotics reach the intestinal tract where you want them.*

FAMILY
OWNED

PREBIOTIC BLEND

Prebiotics are food for probiotics and help stimulate the growth of good gut bacteria.*

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