



Perfect Coconut Oil

One Simple Ingredient: Organic, raw, extra virgin, cold-pressed coconut oil (unrefined and unbleached).

Sustainable & Ethical: Made from only the freshest coconuts which have NOT been grown or processed with any chemicals.

Perfect Health Benefits: Perfect Coconut Oil is loaded with healthy fats and medium chain fatty acids, such as Lauric Acid, that scientific research indicates may improve your health in numerous ways. †

This product has a melting point of 76° – liquid above 76° and solid below 76°. This product is manufactured in a facility that processes milk, egg, soy, tree nuts, fish, and shellfish.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Mfg in the USA for: Perfect Supplements, LLC
PO Box 60070 Florence, MA 01062 USA
1-866-802-3860 www.perfectsupplements.com

This product has been certified organic by Organic Certifiers, Inc. under NOP Final Rule 7, CFR Part 205. www.organiccertifiers.com



Extra Virgin • Unrefined
Cold-Pressed • Grown Organically
Dietary Supplement • 16 oz Pure Oil

Supplement Facts

Serving Size: 1 Tablespoon Servings Per Container: 32

	Amount Per Serving	% Daily Value *
Calories	126	
Calories from Fat	126	
Total Fat	14 g	21.5
Saturated Fat	12 g	60
Polyunsaturated Fat	1 g	
Monounsaturated Fat	0.5 g	
Trans Fat	0 g	
Cholesterol	0 g	0
Sodium	0 g	0
Total Carbohydrates	0 mg	0
Protein	0 mg	0
Organic Extra Virgin Coconut Oil	14000 mg	†

† Percent Daily Value not established

* Percent Daily Value based on a 2000 calorie diet

Other Ingredients: None

Fatty Acid Profile

C8:0 Caprylic Acid	5.9%	C16:0 Palmitic Acid	9.3%
C10:0 Capric Acid	5.7%	C18:0 Stearic Acid	4.0%
C12:0 Lauric Acid	49.0%	C18:1 Oleic Acid	5.4%
C14:0 Myristic Acid	19.6%	C18:2 Linoleic Acid	0.8%

Fatty Acid Percents may vary slightly by batch based on natural variations in Coconut Oil content of each batch.

Suggested Use: Take 1 tablespoon up to 3 times daily with meals or as directed by your Health Care Practitioner.