

DIRECTIONS: For adults, take two (2) capsules daily preferably with a meal.

WARNING: Pregnant or lactating women should consult a doctor before using any product. Consult doctor before use if you are taking any prescription medications. Discontinue use and consult your doctor if any adverse reactions occur, including gastrointestinal discomfort. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Restless Leg

*Helps Relieve Leg & Foot Cramps
*Helps with Restless Leg Syndrome

Dietary Supplement
90 Capsules

Supplement Facts

Serving Size 2 Capsules
Serving Per Container 45

	Amount Per Serving	%Daily Value
Vitamin B-6 (as pyridoxine)	100 mg	5000%
Vitamin B-12 (as cyanocobalamin)	1000 mcg	16,666%
Magnesium (as magnesium citrate)	400 mg	90%
Potassium (as potassium citrate)	99 mg	3%
Grapefruit Seed Extract	300 mg	*
Butchers Broom (<i>Ruscus aculeatus</i>)(root)	200 mg	*
Horse Chestnut (<i>Aesculus hipp.</i>)(seed)	100 mg	*

* Daily Value not Established

Other Ingredients: Gelatin, Rice Powder.

CONTAINS NO: Artificial coloring, artificial flavor, preservatives, yeast, corn, milk or milk derivatives, lactose, salt, sodium, soy, sugar, gluten, starch or wheat.

Distributed By: **BodSmith**
P.O Box 513
Litchfield, Mi 49252
www.bodsmith.com