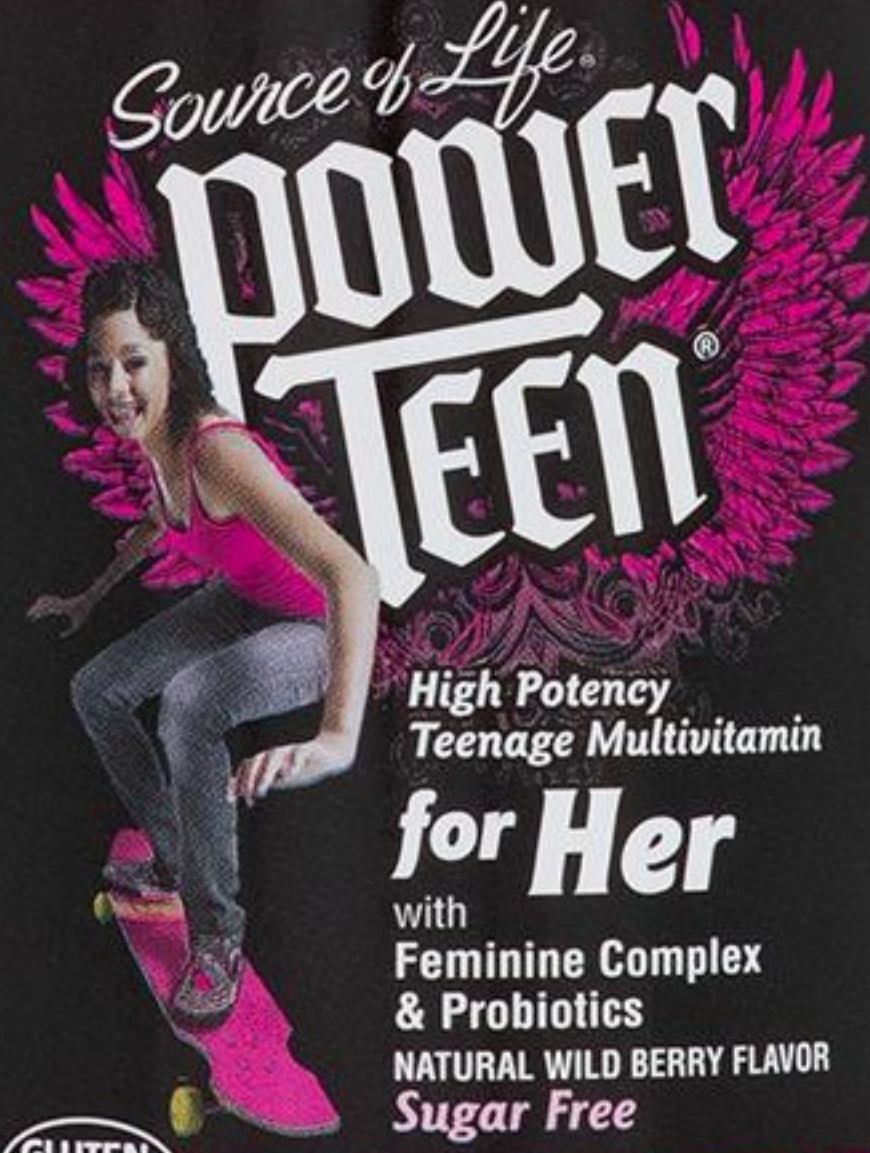




NaturesPlus.



High Potency
Teenage Multivitamin

for Her

with
Feminine Complex
& Probiotics

NATURAL WILD BERRY FLAVOR
Sugar Free

60 Chewable Tablets

Free from artificial colors, preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act. **VEGETARIAN**

Supplement Facts

Serving Size 2 Chewable Tablets

Amount Per Serving	% Daily Value
Calories	10
Total Carbohydrate	3 g 1%**
Xylitol	3 g †
Vitamin A (as beta carotene)	1500 mcg RAE (5000 IU) ... 167%
Vitamin C (as ascorbic acid)	60 mg 67%
Vitamin D3 (as cholecalciferol from lichen)	12.5 mcg (500 IU) ... 63%
Vitamin E (as d-alpha tocopheryl acetate)	20 mg α-TE (30 IU) ... 133%
Vitamin K2 (as menaquinone-7)	80 mcg 67%
Thiamin (vitamin B1) (as thiamine HCl)	1.9 mg 158%
Riboflavin (vitamin B2)	2.1 mg 162%
Niacin (as niacinamide)	25 mg NE 156%
Vitamin B6 (as pyridoxine HCl)	2.5 mg 147%
Folate (as calcium-L-5-methyltetrahydrofolate)	667 mcg DFE 167%
Vitamin B12 (as methylcobalamin)	7.5 mcg 313%
Biotin	63 mcg 210%
Pantothenic Acid (as calcium pantothenate)	12.5 mg 250%
Choline (as bitartrate)	10 mcg <1%
Calcium (as di-calcium phosphate; citrate)	120 mg 9%
Iron (as fumarate; gluconate)	9 mg 50%
Magnesium (as citrate, oxide)	10 mg 2%
Zinc (as aspartate, oxide)	15 mg 136%
Selenium (as selenomethionine)	35 mcg 64%

Amount Per Serving

	% Daily Value
Manganese (as gluconate)	1 mg 43%
Chromium (as picolinate)	60 mcg 171%
Molybdenum (as sodium molybdate)	37.5 mcg 83%
Potassium (as citrate)	1.4 mg <1%

Feminine Complex with BleMiShield™ – Cranberry 110 mg †
(*Vaccinium macrocarpon*), Fenugreek (*Trigonella foenum-graecum* seed extract) (standardized galactomannan), Yam (*Dioscorea villosa* root), *Streptococcus thermophilus* (1 billion viable cells at time of manufacture)

Lemon Bioflavonoid Complex (from *Citrus limon* fruit) 40 mg †

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: Xylitol, natural flavors, natural raspberry flavor, natural cherry flavor, citric acid, magnesium stearate, guar gum, natural color (beet), stevia (rebaudioside A, stevioside), potassium citrate, rose hips (*Rosa canina* fruit), non-GMO rice protein, papaya, carrot, inositol, choline, mango fruit, spinach, broccoli, spirulina (naturally rich in essential nutrients), West Indian cherry (*Malpighia glabra* fruit).

Manufactured with LOVE ♥ by

Natural Organics
Laboratories, Inc., makers of

NaturesPlus

9500 New Horizons Blvd.

Amityville, New York 11701, USA

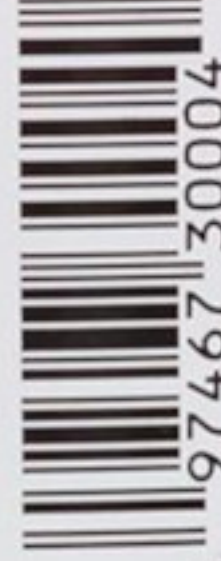
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LBL 1140319

Made with Vitashine™

PRODUCT NO. 30004



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.