

*Nutritional Support for
Natural Energy Production.**

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL
RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.

Free from artificial colors and preservatives. Free from all of the
major allergens identified in the U.S. Food Allergen Labeling and
Consumer Protection Act.

DIRECTIONS: As a dietary supplement, one tablet daily, prefer-
ably with a meal.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat,
cure or prevent any disease.

MICRO-GEL SUSTAINED RELEASE SYSTEM

PRODUCT NO. 1454



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NaturesPlus®

SUSTAINED RELEASE
Dietary Supplement

MEGA B-150

Balanced B-Complex

Vegetarian



60 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Thiamin (vitamin B1) (as thiamine HCl)	150 mg	12,500%
Riboflavin (vitamin B2)	150 mg	11,538%
Niacin (as niacinamide)	150 mg	938%
Vitamin B6 (as pyridoxine HCl)	150 mg	8824%
Folate (as calcium-L-5- methyltetrahydrofolate) (250 mcg folic acid)	417 mcg DFE	104%
Vitamin B12 (as methylcobalamin)	150 mcg	6250%
Biotin	150 mcg	500%
Pantothenic Acid (as calcium pantothenate)	150 mg	3000%
Choline (as bitartrate)	63 mg	11%
Inositol	150 mg	†
PABA (para-aminobenzoic acid)	150 mg	†

†Daily Value not established.

Other ingredients: Di-calcium phosphate, stearic acid, hydroxy-
propyl methylcellulose, magnesium stearate, rice bran, watercress,
parsley, silica and pharmaceutical glaze.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of **NaturesPlus**
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