

DIRECTIONS: For adults, take two (2) capsules daily preferably with a meal.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Blessed
Thistle**
Designed to Promote Natural
Milk Production*
900 mg

DIETARY SUPPLEMENT
200 Capsules

Supplement Facts

Serving Size 2 Capsules
Serving Per Container 100

	Amount Per Serving	%Daily Value
Blessed Thistle (<i>Cnicus benedictus</i>)(aerial)	900 mg	*

* Daily Value not Established

Other Ingredients: Gelatin, Rice Powder.

CONTAINS NO: Artificial coloring, artificial flavor, preservatives, yeast, corn, milk or milk derivatives, lactose, salt, sodium, soy, sugar, gluten, starch or wheat.

Distributed By: **BodSmith**
P.O Box 513
Litchfield, Mi 49252
www.bodsmith.com

