DIRECTIONS: For adults, take two (2) capsules daily preferably with a meal.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DIETARY SUPPLEMENT 100 Capsules

Serving Size 2 Capsules Serving Per Container 50 Amount Per Serving %Daily Value Bladderwrack 900 mg (Fucus spp.)(whole) * Daily Value not Established Other Ingredients: Gelatin, Rice Powder.

Distributed By: **Bod**Smith P.O Box 513

Litchfield, Mi 49252 www.bodsmith.com

Supplement Facts

CONTAINS NO: Artificial coloring, artificial flavor,

preservatives, yeast, corn, milk or milk derivatives,

lactose, salt, sodium, soy, sugar, gluten, starch or wheat.





