

DIRECTIONS: For adults, take one (1) capsule daily preferably with a meal.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Avena Sativa

Oatstraw Extract
500 mg

DIETARY SUPPLEMENT:
180 Capsules

Supplement Facts

Serving Size 1 Capsules
Serving Per Container 180

	Amount Per Serving	%Daily Value
Oatstraw Extract (<i>Avena sativa</i>)(aerial)	500 mg	*

* Daily Value not Established

Other Ingredients: Gelatin, Rice Powder.

CONTAINS NO: Artificial coloring, artificial flavor, preservatives, yeast, corn, milk or milk derivatives, lactose, salt, sodium, soy, sugar, gluten, starch or wheat.

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