

RECOMMENDATION:

Dosage cup included
Do not use for more than 14 consecutive days unless directed by a physician. For children 4-5 years of age, consult a physician before use, do not exceed 1½ teaspoons (tsp) (7.5 mL). For children 6 years of age and older, start with 1½ teaspoons (7.5 mL) and give up to 3 teaspoons (15 mL) as needed. Administer 30-60 minutes before bedtime. **DO NOT EXCEED RECOMMENDED DOSE.** Not formulated for children under 4 years of age. Shake well before each use. **Warning:** May cause drowsiness. If your child is experiencing long-term sleep difficulties, taking any medications, has a medical condition, or chronic disease, consult a physician before use. Adults, do not use this product unless advised by a physician if you are pregnant, attempting to become pregnant, or nursing, if you are taking any medications, or are being treated for depression, autoimmune, endocrine, diabetes, blood clotting, or seizure disorders. Do not take melatonin while operating a motor vehicle or machinery. **Keep out of reach of children.** Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight. **Gluten Free • Vegetarian**
Contains no dairy, soy, peanuts, or artificial colors.
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Green Bay, WI 54311 USA
Certified Organic by Quality Assurance International
Questions? 1-800-5NATURE/naturesway.com
LGBN13316.01 BL99230

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size	Ages 4-5: 1½ teaspoons 16	Ages 6+: 3 teaspoons 8
Servings per Container		
Amount per Serving	Age 4-5 DV	Age 6+ DV
Calories	25	50
Total Carbohydrate	6 g 2%†	12 g 4%†
Total Sugars	3 g **	6 g **
Includes Added Sugars	3 g 6%†	6 g 12%†
Vitamin C (ascorbic acid)	45 mg 50%	90 mg 100%
Zinc (as zinc gluconate)	1.1 mg 10%	2.2 mg 20%
Organic Honey	3.5 g **	7 g **
Organic Apple Cider Vinegar	500 mg **	1 g **
English Ivy (leaf) Extract standardized to 11% Hederacoside C	35 mg **	70 mg **
Organic Black Elder (Sambucus nigra L.) Extract (berry) standardized to BioActives® from 3.2 g of premium cultivar elderberries per 3 teaspoon serving	25 mg **	50 mg **
Melatonin	0.5 mg **	1 mg **
†Percent Daily Values (DV) are based on a 2,000 calorie diet. Daily Value not established.		
Other ingredients: organic glycerin, purified water, organic natural flavor, citric acid (preservative to maintain freshness).		

sambucus® HONEYBERRY® OUR STANDARDIZED ELDERBERRY EXTRACT IS:

- Gluten Free
- Vegetarian



CONTAINS NO:

Gluten, Dairy, Soy, Peanuts,
or Artificial Colors



HONEYBERRY'S SIX KEY INGREDIENTS

We start with a combination of high-quality ingredients:

Organic Standardized Elderberry
Organic Honey
Organic Apple Cider Vinegar

Then we add English Ivy Leaf Extract which helps soothe coughs associated with hoarseness, dry throat, and irritants.*

English Ivy Leaf Extract

Lastly, we add vitamin C and zinc to support their immune health.*

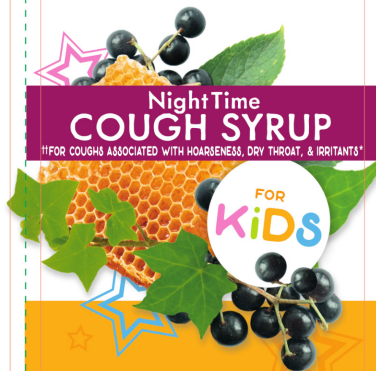
Vitamin C Zinc

A GOOD DAY STARTS WITH A GOOD NIGHT

Our nighttime formula also contains melatonin for occasional sleeplessness to help promote restful sleep in children when they need it most.*

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sambucus® HONEYBERRY® STANDARDIZED ELDERBERRY



SIX KEY INGREDIENTS

MELATONIN FOR OCCASIONAL SLEEPLESSNESS*

ENGLISH IVY TO SOOTHE OCCASIONAL COUGHS*

DIETARY SUPPLEMENT NET CONTENTS 4 FL OZ (120 mL)

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