Nutritional Support for Healthy Blood*

NaturesPlus® HEMA-PLEX® Chewables are an enjoyable way to promote the optimal health of your blood. Each delicious, mixed berry-flavored serving synergistically combines 85 mg of organically bound iron with powerful blood health-boosting botanical cofactors for an energizing difference you can feel!

DIRECTIONS: As a dietary supplement, take three chewables daily. Free from the common allergens milk, egg, fish, crustacean shell-

fish, tree nuts, wheat, peanuts and soybeans.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

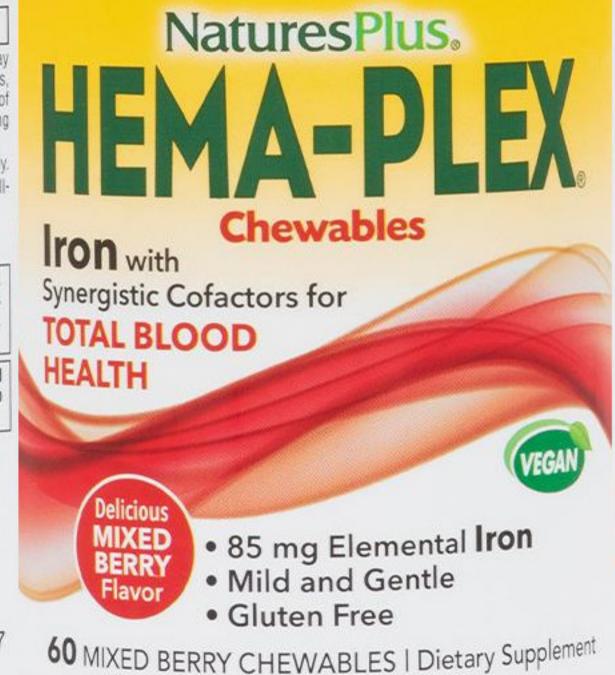
*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of NaturesPlus
9500 New Horizons Blvd., Amityville, NY 11701, USA
©NATURAL ORGANICS⊚ www.naturesplus.com

OptiZinc*

**OptiZinc is a registered trademark of InterHealth N.I.





Supplement Facts

Serving Size 3 Chewables Servings Per Container 20

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	180 mg	200%
Vitamin E (as d-alpha tocopheryl acetate)		100%
Thiamin (vitamin B1) (as thiamine hydroc	The second secon	188%
Riboflavin (vitamin B2)	2.55 mg	196%
Niacin (as niacinamide)	15 mg NE	949
Vitamin B6 (as pyridoxine HCI)	3 mg	1769
Folate (as calcium-L-5-	667 mcg DFE ncg L-methylfolate)	1679
Vitamin B12 (as methylcobalamin)	1000 mcg	41,6679
Pantothenic Acid (as calcium pantothenati	e) 7.5 mg	1509
Calcium (as amino acid chelate/complex)	75 mg	69
Iron (as ferrous fumarate)	85 mg	4729
Zinc (as monomethionine**)	9 mg	829
Selenium (as amino acid complex)	30 mcg	559
Copper (as amino acid chelate)	2 mg	2229
Manganese (as amino acid chelate/comple	ex) 4 mg	1749
Proanthoplex - Proprietary Proanthocyan Bioflavonoid Complex: Bioflavonoids (from	din/ 45 mg	
Wild Black Raspberry (Rubus occidentalis (Camellia sinensis leaf), Red Raspberry (I	cinium myrtillus trui s fruit seed), Green	t). Tea
Beet (Beta vulgaris)	45 mg	
L-Cysteine (free form amino acid)	30 mg	
†Daily Value not established. **Opt	iZinc	

Other ingredients: Sucrose, fructose, vegetable cellulose, stearic acid, natural flavors, natural raspberry flavor, natural cherry flavor, magnesium stearate, natural color (beet juice), organic stevia (rebaudioside A, stevioside) and silica.