

Nutritional Support for Healthy Blood*

NaturesPlus® HEMA-PLEX® Chewables are an enjoyable way to promote the optimal health of your blood. Each delicious, mixed berry-flavored serving synergistically combines 85 mg of organically bound iron with powerful blood health-boosting botanical cofactors for an energizing difference you can feel!

DIRECTIONS: As a dietary supplement, take three chewables daily. Free from the common allergens milk, egg, fish, crustacean shellfish, tree nuts, wheat, peanuts and soybeans.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of NaturesPlus
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OptiZinc®

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PRODUCT NO. 3768



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NaturesPlus® HEMA-PLEX®

Chewables

Iron with
Synergistic Cofactors for
**TOTAL BLOOD
HEALTH**

Delicious
MIXED
BERRY
Flavor

VEGAN

- 85 mg Elemental Iron
- Mild and Gentle
- Gluten Free

60 MIXED BERRY CHEWABLES | Dietary Supplement

Supplement Facts

Serving Size 3 Chewables
Servings Per Container 20

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	180 mg	200%
Vitamin E (as d-alpha tocopheryl acetate)	15 mg (22.5 IU)	100%
Thiamin (vitamin B1) (as thiamine hydrochloride)	2.25 mg	188%
Riboflavin (vitamin B2)	2.55 mg	196%
Niacin (as niacinamide)	15 mg NE	94%
Vitamin B6 (as pyridoxine HCl)	3 mg	176%
Folate (as calcium-L-5-methyltetrahydrofolate)	667 mcg DFE (400 mcg L-methylfolate)	167%
Vitamin B12 (as methylcobalamin)	1000 mcg	41,667%
Pantothenic Acid (as calcium pantothenate)	7.5 mg	150%
Calcium (as amino acid chelate/complex)	75 mg	6%
Iron (as ferrous fumarate)	85 mg	472%
Zinc (as monomethionine**)	9 mg	82%
Selenium (as amino acid complex)	30 mcg	55%
Copper (as amino acid chelate)	2 mg	222%
Manganese (as amino acid chelate/complex)	4 mg	174%
Proanthoplex - Proprietary Proanthocyanidin/Bioflavonoid Complex: Bioflavonoids (from Citrus limon/sinensis whole fruit), Bilberry (Vaccinium myrtillus fruit), Wild Black Raspberry (Rubus occidentalis fruit seed), Green Tea (Camellia sinensis leaf), Red Raspberry (Rubus idaeus fruit)	45 mg	†
Beet (Beta vulgaris)	45 mg	
L-Cysteine (free form amino acid)	30 mg	†

†Daily Value not established. **OptiZinc

Other ingredients: Sucrose, fructose, vegetable cellulose, stearic acid, natural flavors, natural raspberry flavor, natural cherry flavor, magnesium stearate, natural color (beet juice), organic stevia (rebaudioside A, stevioside) and silica.