

Nutritional Support for Healthy Blood*

Free from artificial colors, preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

DIRECTIONS: As a dietary supplement, two capsules daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**OptiZinc® is a registered trademark of InterHealth N.J.

***BioPERINE® is a registered trademark and patented product of Sabinsa Corp.



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Manufactured with LOVE ♥ by

Natural Organics Laboratories, Inc., makers of NaturesPlus

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PRODUCT NO. 3772



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NaturesPlus® HEMA-PLEX®

Capsules

Iron with
Synergistic Cofactors for
**TOTAL BLOOD
HEALTH**



- 85 mg Elemental Iron
- Mild and Gentle
- Gluten Free

60 FAST-ACTING



Vegetarian
CAPSULES

Dietary
Supplement

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin C (Proprietary Esterified Complex – as ascorbyl palmitate, ascorbic acid, magnesium ascorbate, potassium ascorbate, zinc ascorbate)	300 mg 333%
Vitamin E (as d-alpha tocopheryl acetate)	20 mg (30 IU) 133%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg 2083%
Riboflavin (vitamin B2)	25 mg 1923%
Niacin (as niacinamide)	50 mg NE 313%
Vitamin B6 (as pyridoxine HCl)	25 mg 1471%
Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE 167%
Vitamin B12 (as methylcobalamin)	500 mcg 20,833%
Pantothenic Acid (as calcium pantothenate)	25 mg 500%
Calcium (as amino acid chelate/complex)	25 mg 2%
Iron (as amino acid chelate/complex)	85 mg 472%
Zinc (as monomethionine**)	5 mg 45%
Selenium (as amino acid complex)	10 mcg 18%
Copper (as amino acid chelate)	2 mg 222%
Manganese (as amino acid chelate/complex)	5 mg 217%
L-Cysteine (free form amino acid)	50 mg †
Proanthoplex (Proprietary Proanthocyanidin/ Bioflavonoid Complex: Bioflavonoids [from Citrus spp. whole fruit], Bilberry [Vaccinium myrtillus fruit], Wild Black Raspberry, Green Tea, Red Raspberry†)	25 mg †
Beet (Beta vulgaris)	15 mg †
BioPerine*** (Piper nigrum fruit extract) (stand. 95% [2.37 mg] 1-piperoylpiperidine)	2.5 mg †

†Daily Value not established. ‡See website for details.

Other ingredients: Vegetable cellulose, ferrous fumarate, microcrystalline cellulose, calcium carbonate, manganese sulfate, magnesium stearate, silica, chlorophyll, spinach (Spinacia oleracea leaf), broccoli (Brassica oleracea floret), shattered cell wall chlorella, spirulina, di-calcium phosphate and purified water.