

Contains No sugar, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, add one (1) scoop to ten (10) ounces of water and mix. Take 1 scoop 30-35 minutes prior to exercise. Store in a cool, dry place and away from direct light.

This product contains approximately 100 mg of caffeine per serving which is equivalent to 1 and 1/2 cups of coffee.

This product is sold by weight not volume.
KEEP OUT OF REACH OF CHILDREN.

**NUTRA
SPORT**

Pre-Work Out Formula

Citrus Splash

ENERGY & ENDURANCE BOOSTER†

Dietary Supplement

Net Wt. 10.6 oz (300 grams)

Formulated by NutraSport Sports Nutrition
Manufactured by Compounding Pharmacy & Nutrition Center
888-244-5266
www.nutrasportusa.com
Columbia, MD 21046

SUPPLEMENT FACTS

Serving Size 1 scoop (Approximately 20 grams)

Servings Per Container 15

	Amount Per Serving	% Daily Value*
Calories 80		
Total Carbohydrates	15 grams	5%
Sodium	50 mg	2%
Potassium	50 mg	1%
Vitamin B-12	65 mcg	1,063%
Pantothenic Acid	5 mg	50%
Pre-Work Out Proprietary Blend (Creatine Monohydrate, CarnoSyn® Beta Alanine, Arginine Alpha Ketoglutarate, Guarana Seed Extract, Krebs Cycle Intermediates, Alpha Lipoic Acid and Citrulline Malate)	4,354 milligrams	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

Other Ingredients: Malto-dextrin, stevia, natural orange flavor, sodium chloride, and potassium chloride.