

Nutritional Support for Natural Hormonal Balance and Longevity*

Look Younger! Feel Younger! Be Younger!

E FEM is a natural formula infused with the essential nutrients that will stimulate and balance your personal body chemistry for a more youthful and vibrant you.*

- If you want to restore or maintain soft, supple skin with oils and moisture from within.*
- If you want to restore or maintain full-bodied hair with its natural sheen.*
- If you want to restore or maintain the energy and stamina of youth.*
- If you want to restore or maintain the natural beauty of youth — you must experience **E FEM**.*

Youth is a Natural Condition — Turn to Nature to Recapture it!

DIRECTIONS: As a dietary supplement for adults, two capsules once daily.

WARNING: Consult a health care practitioner before use if you are pregnant or breastfeeding, or wish to become pregnant, or if you are on hormone replacement therapy (HRT). **KEEP OUT OF REACH OF CHILDREN.**

Free from artificial colors, preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act. **E FEM** does not contain hormones. It is a synergist intended to potentiate natural hormonal balance. **KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT NO. 4872



NaturesPlus®

E FEM™

Dietary
Supplement
Gluten Free

**NATURAL
HORMONAL BALANCE
& BOOST OF YOUTH***

**FOR
WOMEN**

NOW IN 60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Niacin (as niacinamide)	10 mg NE	63%
Calcium (as whole brown rice amino acid chelate, citrate complex)	100 mg	8%
Magnesium (as citrate complex)	50 mg	12%
Zinc (as citrate)	15 mg	136%
Maca (<i>Lepidium meyenii</i> root) (standardized 0.6% [1.8 mg] macamides and macaenes)	300 mg	†
Alanzeebium Botanical Complex (<i>Alangium salvifolium</i> [A. lamarkii] fruit extract, <i>Ziziphus mauritiana</i> [jujube] fruit extract, Citrus bioflavonoids [from <i>Citrus sinensis</i> fruit and peel])	100 mg	†
Passion Factors (Proprietary botanical blend of Dong Quai [<i>Angelica sinensis</i> root], Ginger [<i>Zingiber officinale</i> root], Cacao Fruit Extract [<i>Theobroma cacao</i>] [Metabromine™] stand. methylxanthines [theobromine, caffeine], Damiana [<i>Turnera diffusa</i> var. <i>aphrodisiaca</i> whole herb]), L-Arginine (free form amino acid), L-Histidine (free form amino acid)	100 mg	†
Flax (<i>Linum usitatissimum</i> seed) (supplying 4 mg SDG flax lignans)	25 mg	†

†Daily Value not established.

Other ingredients: Vegetable cellulose, microcrystalline cellulose, calcium carbonate, magnesium oxide, magnesium stearate and water.

Manufactured with LOVE ♥ by

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