Other ingredients: Vegan capsule, cellulose, calcium phosphate, silica, calcium stearate (vegetable source).

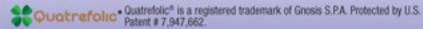
### Manufactured for: E-NutritionStore.com Elkridge, MD 21075 800-589-0394

SUGGESTED USE: Take 2 capsules daily with food.

#### Methylated B Vitamins for Enhanced Absorption & Energy Support<sup>†</sup>

Our Coenzyme Methyl B-Complex contains B vitamins in the superior "active" forms to support energy production and metabolism, as well as promote healthy skin, nerves, and adrenal glands.\(^1\) B complex vitamins support healthy homocysteine levels for those already within a normal range.\(^1\) Methyl B vitamins are absorbed and utilized more efficiently by the body and are most effective when taken together.\(^1\) PABA is critical in folate metabolism and has been included with CoQ10 and ALA to protect and support the diverse role of B vitamins in the body.\(^1\)

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.



SGS verified the process for manufacturing this product with no GMO ingredients, www.sgs.com/no-gmo

Store in a cool, dry place.
We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. This product is not intended to diagnose, treat, cure, or prevent any disease.







# Coenzyme Methyl B-Complex

Advanced Energy Support<sup>†</sup>
Superior Form of B Vitamins with 5-MTHFolate

## Dietary Supplement 120 VEGAN CAPSULES

Manufactured for: E-NutritionStore.com Elkridge, MD 21075 800-589-0394

### Supplement Facts

Serving Size 2 Capsules Servings Per Container 60

KEEP OUT OF REACH OF CHILDREN.

Amount Per Serving		%	Daily Value
Thiamine (vitamin B1) (as thiamine mononitrate,		50 mg	4,167%
thiamine hydrochloride, thiamine co	carboxylase ch	lloride)	
Riboflavin (vitamin B2) (riboflavin, riboflavin 5'phospha		ate) 50 mg	3,846%
Niacin (vitamin B3) (as inositol hexanicotinate)		100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride,		80 mg	4,706%
pyridoxal 5'phoshpate,pyridoxine alpha ketoglutarate)			
Folate		100 mcg DFE	100%
		ncg 5-MTHF)	
(from Quartrefolic® 5-methyltetrahy		,	
Vitamin B12 (as cobalamin, methylcobalamin)		500 mcg	20,833%
Biotin		200 mcg	667%
Pantothenic acid (as calcium pantothenate)		50 mg	1,000%
Choline (from choline bitartrate)		40 mg	7%
PABA (para-aminobenzoic acid)	50 mg	*	
Inositol (from inositol hexanicotinate)	27 mg	*	
Coenzyme Q10	1 mg	*	
Alpha Lipoic Acid	200 mcg	*	100
	, in the second		1
* Daily Value not established.			

VVL 211-120B