

Bottled in **Norway**
for **Maximum**
Freshness

Carlson

The Very Finest

FISH OIL

OMEGA-3's DHA & EPA

Great
LEMON
Taste!

Purity
and
Potency
Guaranteed



Photos of:
Norwegian Fjords

200 ML. (6.7 FL.OZ)

Dietary Supplement

1540 a

1,600 mg Omega-3's

From Norway: The finest fish oil from deep, cold ocean-water fish. Bottled in Norway to ensure maximum freshness. Refreshing natural lemon taste. Take by the teaspoonful, mix with foods, and try it on salads!

Supplement Facts

Serving Size 1 Teaspoonful (5 ml)

Servings Per Container 40

Each Teaspoonful Contains		% DV
Calories	40	
Calories from Fat	40	
Total Fat	4.5 g	7% ☆
Saturated Fat	1 g	5% ☆
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	1 g	†
Cholesterol	15 mg	5%
Vitamin E Natural (d-Alpha Tocopherol)	10 IU	33%
Omega-3 Fatty Acids*	1,600 mg	†
EPA (Eicosapentaenoic Acid)	800 mg	†
DHA (Docosahexaenoic Acid)	500 mg	†

☆ Percent Daily Values are based on a 2000 calorie diet
† Daily Value (DV) not established.

Ingredients: Omega-3 Fish Oil, natural lemon flavor, natural tocopherols. Contains fish (anchovy, sardine, mackerel). *Omega-3's reported as triglycerides.

Directions: Take one teaspoonful one or two times daily AT MEALTIME. To retain freshness after initially opening the bottle, keep refrigerated and preferably use within 60 days.

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Manufactured & bottled in Norway for J.R. Carlson Laboratories, Inc.
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