

Estroven Menopause Monitor™
Tells You Where You Are With Menopause
Visit www.estroven.com for details

Estroven®



GMO-Free Soy

ESTROVE 1
EXTRA STRENGTH

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

- Soy isoflavones and standardized black cohosh clinically shown to reduce hot flashes and night sweats*
- Natural vitamin E, folic acid and B-6 for a healthy heart*
- Calcium for healthy bones*
- Estrogen Balancing Herbal Blend to help reduce stress, irritability and improve mental clarity*

A more complete supplement for menopause symptoms with:



Estroven® Extra Strength Estroven contains all-natural ingredients clinically shown to reduce hot flashes and night sweats as well as vitamins, minerals and herbs to address other symptoms of menopause.*

EXTRA STRENGTH
Estroven® A more complete
dietary supplement for menopausal symptoms with:

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Take Extra Strength Estroven as part of a daily regimen. Some women may notice benefits in 7-10 days, but since Extra Strength Estroven is natural it works gradually over time. Most ongoing benefits are realized within 1-2 months of use.

Extra Strength Estroven has no known side effects and may be taken with other supplements and prescription estrogen.

AS WITH ANY NUTRITIONAL SUPPLEMENT, PLEASE CONSULT YOUR PHYSICIAN BEFORE TAKING. DO NOT TAKE IF PREGNANT OR LACTATING. KEEP OUT OF REACH OF CHILDREN.

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QUESTIONS? Toll-free 877-ESTROVEN

Serving Size: Two (2) Caplets Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin E (as natural d-alpha tocopheryl succinate)	30 IU	100
Thiamin (as thiamin mononitrate)	5 mg	333
Riboflavin	5 mg	294
Niacin (as niacinamide)	20 mg	100
Vitamin B-6 (as pyridoxine HCl)	25 mg	1250
Folate (as folic acid)	400 mcg	100
Vitamin B-12 (as cyanocobalamin)	25 mcg	417
Calcium (as calcium carbonate)	200 mg	20
Selenium (as L-selenomethionine)	70 mcg	100
Chromium (as chromium dicinolate glycinate)	120 mcg	100
Grapefruit juice (from 12:1 extract)	300 mg	†
Estroven® Balancing Herb Blend (Crataegus extract, Bala seed extract, <i>Ziziphus spinoza</i> , Cinnamon twig extract, Ginseng root extract and Magnolia bark extract)	200 mg	†
Isolflavones (from GMO-free soybeans and <i>Pueraria lobata</i> root extract optimized with Isolase™ enzymes)	80 mg	†
Black cohosh root standardized extract	40 mg	†
Boron (as boron chelate)	1.5 mg	†

Other ingredients: microcrystalline cellulose, croscarmellose sodium, vegetable stearic acid, vegetable magnesium stearate, silica, cellulose, titanium dioxide and sodium citrate.

Extra Strength Estroven contains no artificial dyes, colors, preservatives, flavors, yeast, wheat, gluten, lactose or animal products.

DIRECTIONS:

Take two (2) caplets once per day. Best taken near mealtime.