## Directions:

Adults and children 12 years and older swallow 2 softget daily. Do not bite or chew. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Let's Grow Together
Find out more at naturesway.com

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE. OR PREVENT ANY DISEASE.

Just two
easy-to-swallow

+ Vitamin D

No fishy burp back

## softgels a day.

Balanced Formula 1250 mg dose of EPA/DHA

Fresh Mint Flavored

Supports Heart, Brain,

& Skin Health\*
Plus Vitamin D to support healthy bones\*

## **Guaranteed Pure**

View test results online at purecheck.net







**Nature's** 

way

## Supplement Facts Serving Size 2 Softgels

Servings per Container 30

Amount per Serving		% DV
Calories	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Polyunsaturated Fat	1.5 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Protein	<1 g	1%†
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%
Fish Oil	1.8 g	**
Total EPA/DHA	1.25 g	**
Eicosapentaenoic Acid (EPA)	750 mg	**
Docosahexaenoic Acid (DHA)	500 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. 
\*\*Daily Value not established.

Other ingredients: gelatin, glycerin, purified water, natural flavor, mixed tocopherols (preservative to maintain freshness), sunflower oil, medium chain triglycerides, preservatives to maintain freshness (rosemary extract, ascorbyl palmitate) Contains fish (anchowies).





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