

**Glucosamine Chondroitin MSM** contains sodium-free potassium stabilized glucosamine sulfate, bovine chondroitin sulfate plus pure MSM (**OptiMSM**®).

**Helps maintain strong, healthy and flexible joints. Supports the body's connective tissue.\* Benefits hair, skin and nails.\***

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

OptiMSM® is a registered trademark of Bergstrom Nutrition®

Manufactured for **Doctor's Best, Inc.**

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**Doctor's  
BEST**®

**Science-Based**

**Nutrition™**

*Dietary  
Supplement*

**OptiMSM**®

**Glucosamine  
Chondroitin  
MSM**

**MAINTAINS HEALTHY JOINTS  
& CONNECTIVE TISSUE\***

**120 Capsules**

## Supplement Facts

Serving Size 2 capsules

Servings per container 60 servings

	Amount per serving	% Daily Value
Chloride (from glucosamine sulfate 2KCl)	84 mg	2%
Sodium (from chondroitin sulfate sodium)	28 mg	1%
Potassium (from glucosamine sulfate 2KCl)	91 mg	3%
Glucosamine sulfate 2KCl	750 mg	†
Chondroitin sulfate (from chondroitin sulfate sodium)	600 mg	†
Methylsulfonylmethane <b>OptiMSM</b> MSM	500 mg	†

† Daily Value not established.

**Other Ingredients:** Gelatin (capsule), cellulose, magnesium stearate (vegetable source).

**Suggested Adult Use:** Take 2 capsules twice daily, with or without food.

**Note:** Glucosamine is obtained from the shells of shellfish.

**Not Suitable for Vegetarians**

**CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS**