

Maintain wellbeing

# Vegepa®

High strength wild fish oil & cold-pressed evening primrose oil

## **PURE EPA** OMEGA-3 560 mg plus omega-6 GLA

& vitamin E

- Maintains omega-3 & 6 balance
- √ 70% high concentration EPA omega-3
- ✓ Sustainable anchovy oil
- Free from heavy metals,
   PCBs & dioxins



### **FOOD SUPPLEMENT**

#### **DIRECTIONS FOR USE**

- Adults and children aged 12 years and over: 2-4 capsules daily. For intensive support: up to 8 capsules daily.
- Children 4 to 11 years: 1 capsule daily.

It is not advisable to exceed the above dose unless advised by a healthcare practitioner. Take Vegepa with food, ideally as a split dose morning and evening for optimum absorption.

Seek professional advice before taking this product if you are taking medication, pregnant or breastfeeding. This product should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Store in a cool, dry place away from direct sunlight. Keep out of reach of young children.

UK Patent No: 2 409 644 International PCT Patent Application No: PCT/GB2004/005461

Vegepa provides a combination of pure EPA omega-3 from 70% concentration wild anchovy fish oil and omega-6 GLA from cold-pressed virgin evening primrose oil, with vitamin E for extra protection of the oils. Vegepa balances and maintains healthy omega-3 and omega-6 levels and is a highly effective all-round supplement that offers medium intensity nutrition support, ideal for general wellbeing maintenance.

Vegepa is a rich source of polyunsaturated fat. Replacing saturated fats with unsaturated fats in the diet contributes to the maintenance of normal blood LDL cholesterol concentrations needed for the support of a healthy heart. Vegepa is also a source of vitamin E, which contributes to the protection of cells from oxidative stress.

- ✓ HIGH STRENGTH 560 MG EPA DOSE from 70% concentration wild fish oil
- ✓ ULTRA-PURE: wild anchovies are small and short-lived, so they are less prone than larger species to pollutant build-up. Molecularly distilled to remove dioxins, mercury & PCBs to virtually undetectable levels
- ✓ VIRGIN EVENING PRIMROSE OIL: premium cold-pressed virgin evening primrose oil retains the family of phytonutrients known as triterpenes
- ✓ INDEPENDENTLY RESEARCHED & BATCH-TESTED
- ✓ SMALL CAPSULES are easy to swallow and support split dosing for enhanced absorption
- ✓ CONSISTENT PRODUCT QUALITY GUARANTEED: GMP manufactured in the UK & 3rd party tested to ensure purity, active ingredients, nutritional value and safety

## Igennus

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## **NUTRITIONAL INFORMATION**

Serving size: two capsules 46 kJ / 11 Kcal

Energy	
Fat of which saturated fat of which polyunsaturated fat of which monounsaturated fa	996 mg 66 mg 820 mg at 110 mg
Omega-3 EPA fish oil concentrate	800 mg

of which EPA 560 mg (eicosapentaenoic acid)

**Evening primrose oil** 200 mg of which GLA (gamma-linolenic acid) 18 mg

Vitamin E

(mixed tocopherols) 2 mg - mixed TE\*

#### **INGREDIENTS**

Capsule shell (emulsifiers: fish gelatine, vegetable glycerol); ethyl-EPA (eicosapentaenoic acid) concentrate from wild anchovy fish oil; cold-pressed virgin evening primrose oil; antioxidant: vitamin E.

FREE FROM: dairy, gluten, lactose, yeast. Non-GMO. No artificial colours, flavours or preservatives. Suitable for halal & kosher diets. Not tested on animals.

BEST BEFORE DATE – please see base

<sup>\*17%</sup> of reference intake