

SAFETY SEALED. DO NOT USE
IF PRINTED SEAL UNDER CAP
IS CUT, TORN, OR MISSING.

SATISFACTION GUARANTEED
OR YOUR MONEY BACK.

*These statements have not
been evaluated by the Food
and Drug Administration.
This product is not intended
to diagnose, treat, cure, or
prevent any disease.

exchange
select



Sublingual
VITAMIN B¹²
Methylcobalamin
2500 mcg

Dietary Supplement
Supports the Nervous System*

60 Cherry Flavored Tablets

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% Daily Value
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Vitamin B12 2500 mcg	41667%
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INGREDIENTS: Mannitol, Microcrystalline Cellulose, Croscopovidone, Stearic Acid, Silicon Dioxide, Methylcobalamin, Natural Cherry Flavor, Sucralose, Maltodextrin, Magnesium Stearate, Red Beet Root, Citric Acid.

Directions: Adults—Dissolve one tablet under tongue for 30 seconds, then swallow.

NO ARTIFICIAL COLORS OR FLAVORS
NO GLUTEN • NO TRANS FAT
NO PRESERVATIVES ADDED
NO YEAST • NO CHEMICAL SOLVENTS

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

Methylcobalamin is the metabolically active form of Vitamin B-12, and is generally better absorbed than other forms of B-12 (cyanocobalamin). Methylcobalamin supports the nervous system, heart health, mood, and cognition.*

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728

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Questions or Comments:
1-866-927-5470

FRESHNESS AND POTENCY GUARANTEED THROUGH:

134853
518339
USA645139