

igennus

HEALTHCARE NUTRITION

Replenish
& protect

Omegaflex® — DUO —

Advanced multi-action joint & bone support

**GLUCOSAMINE HCL
& CALCIUM** with zinc &
vitamins C & D3

**MARINE
ETHYL-EPA 70%**
with plant GLA

- ✓ Highly bioavailable glucosamine & calcium
- ✓ Source of beneficial fatty acids & phytonutrients

60
glucosamine &
calcium capsules
+
30
E-EPA 70 capsules



DIRECTIONS FOR USE

- For general wellbeing: adults and children aged twelve years and over should take 2 **glucosamine & calcium** capsules (blue blister) and 1 **E-EPA 70** capsule (silver blister) daily
- For individuals who are especially active or those who require additional joint & bone support in later life: take 4 **glucosamine & calcium** capsules (blue blister) and 2 **E-EPA 70** capsules (silver blister) daily

It is not advisable to exceed the above dose unless advised by a healthcare practitioner. Take Omeagflex *DUO* with food for optimum absorption. If taking any medication, seek professional medical advice before taking this product. If you are taking any medication that thins the blood, do not take this product without prior medical advice. **Pregnant or lactating women should not take glucosamine.** This product should not be used as a substitute for a balanced diet.

Store in a cool, dry place away from direct sunlight and away from children.

Contains no artificial colours, flavours or preservatives.

E-EPA 70: UK Patent No: 2 409 644
International PCT Patent Application No: PCT/GB2004/005461

BEST BEFORE DATE
please see base

Omeagflex *DUO* combines highly bioavailable glucosamine hydrochloride, calcium and other trace minerals derived from the marine algae *Algas Calcareas* with 70% ethyl-EPA concentrate from marine anchovy oil, and GLA and triterpenes from organic virgin evening primrose oil. With the added benefits of vitamins C & D3 and zinc, the natural ingredients in Omeagflex *DUO* are synergistically combined to provide daily support for optimal joint and bone health.

Calcium, zinc and vitamins C & D3 are required for the maintenance of normal bones, as well as for collagen synthesis, which provides strength, resilience and support to cartilage, tendons and bones. Zinc and vitamin D3 contribute to the normal function of the immune system. Vitamin C maintains the normal function of the immune system during and after intense physical exercise and contributes to the reduction of tiredness and fatigue, which may be beneficial to active individuals.

- ✓ Hypoallergenic glucosamine hydrochloride (non-shellfish-derived)
- ✓ Ethyl-EPA derived from sustainable marine anchovies and certified free from PCBs, mercury & dioxins
- ✓ Unique algae-derived calcium is efficiently utilised by the body, avoiding any heart health contraindications associated with standard calcium supplements
- ✓ Vitamins C & D3 and zinc for immune support
- ✓ Free from: dairy, gluten, lactose, shellfish, yeast
- ✓ Not tested on animals
- ✓ Non-GMO

Supplementation may be helpful to correct nutrient deficiencies though it can never be a substitute for a healthy diet and active lifestyle, which play a crucial role in maintaining overall wellbeing.

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NUTRITIONAL INFORMATION

GLUCOSAMINE & CALCIUM CAPSULES		% EU RDA
Serving size: two capsules		
Glucosamine hydrochloride	700 mg	—
Calcium (from <i>Algas Calcareas</i>)	210 mg	26†
Magnesium (from <i>Algas Calcareas</i>)	24 mg	6.4
Vitamin C	40 mg	50
Zinc	10 mg	100
Vitamin D3	5 µg	100

† Highly bioavailable source compared with standard calcium supplements

E-EPA 70 CAPSULES Serving size: one capsule

Calories	5.5 Kcal
Total fat	498 mg
of which saturated fat	33 mg
of which polyunsaturated fat	410 mg
of which monounsaturated fat	55 mg
Protein	158 mg
Carbohydrate	0 mg
EPA (eicosapentaenoic acid)	280 mg
GLA (gamma-linolenic acid)	9 mg
Vitamin E (mixed tocopherols)	1 mg mixed TE*

*8.4% of EU RDA

INGREDIENTS: GLUCOSAMINE & CALCIUM
Glucosamine hydrochloride; *Algas Calcareas* minerals; capsule shell (emulsifier: hydroxypropyl methylcellulose); ascorbic acid; silicon dioxide; magnesium stearate; zinc oxide; vitamin D3.

INGREDIENTS: E-EPA 70
Capsule shell (emulsifiers: fish gelatine, vegetable glycerol); ethyl-EPA (eicosapentaenoic acid) concentrate from marine fish oil; organic cold-pressed virgin evening primrose oil; antioxidant: vitamin E.