

Vitamin K2 is derived from natto, a food used in Japan for over 1,000 years. Recent research indicates that Vitamin K2 helps maintain bone mass and growth and supports vascular health.*

Suggested Use:

Take 1 (One) capsule per day with meal.

WARNING: If pregnant, consult your health care practitioner before using this, or any other product. Vitamin K2 may counteract the effects of anticoagulation therapy, and therefore is not recommended for patients on blood-thinning medications.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

DR. MERCOLA®
PREMIUM SUPPLEMENTS

VITAMIN K2

Supports bone strength
and cardiovascular health*

Dietary Supplement

30 Capsules

Supplement Facts

Serving Size: 1 capsule
Servings per Container: 30

Amount per serving		% Daily Value
Vitamin K ₂	150mcg	187%
(as Menaquinone-7 from fermented soyabean extract)		

**Percent Daily Value Based on a 2,000 Calorie Diet.

Other Ingredients:

Glycerol Monostearate, Microcrystalline cellulose, Alpha Tocopherol Acetate, Vegetable Capsule (Hydroxypropylmethylcellulose).

This product contains Soy.

Distributed by:

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