

NATURE'S WAY® BORAGE OIL is the highest quality oil—guaranteed to contain 23% gamma-linolenic acid (GLA).

COLD-PRESSED AND UNREFINED
No chemical solvents, starch, or artificial colors.

KEEP OUT OF REACH OF CHILDREN. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA

QUESTIONS? 1-800-9NATURE / naturesway.com



◆ LG15413.A02 B711814A



PLEASE
RECYCLE



BORAGE OIL



COLD-PRESSED • UNREFINED

1,300 MG PER SERVING
300 MG GLA PER SERVING

60 SOFTGELS DIETARY SUPPLEMENT

RECOMMENDATION: Adults swallow 1 softgel one to two times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Softgel

Amount per Serving	% DV	
Calories	15	
Total Fat	1.5 g	2%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Polyunsaturated Fat	0.5 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Borage Oil (seed)	1.3 g	**
Omega-6 Fatty Acids	740 mg	**
Linoleic Acid (LA)	440 mg	**
Gamma-Linolenic Acid (GLA)	300 mg	**
Omega-9 Fatty Acids as Oleic Acid (OA)	190 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: gelatin [softgel], glycerin, purified water