SUGGESTED USE: DO NOT EXCEED 2 SCOOPS PER DAY. Mix 2 scoops (1 serving) of GNOST LEGEND\* with 8-10az of water or beverage of choice. Vary amount of liquid to taste, For a WARREADS\* Extreme Sour Experience, mix with less liquid. Start with 1 scoop to assess your loterance. Consume prior to exercise on training days.

## GHOST LEGEND® WAS CONCEIVED TO POWER LEGENDRY IN ALL OF ITS FORMS\*









WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADMITS. IN YEARS OF AGE OR OLDER, DO NOT EXCEED
RECOMMENSATIONS FOR SUGGESTED USE. Before using this product consent a licensed qualified healthcare professional,
especially if you are taking any prescription or over-the-counter medications or other delay supplements, or if you have, or have been
traited for, disposed with or have a family history of, any medical condition, immediately discontinuous and concurred a licensed. treated for, diagnosed with or have a family hottery of, any medical condition, immediately discontinue use and cossult a locensed, and interest professional if you experience any adverse reaction to this product. Not for use by wemen that are pregnant, minstag, or lying to become projecular. This product contains 250mg of Califeria per average and may not it existable for individuals who are interested in the contraction of th

California Prop 65 Warning: This product may expose you to chemicals known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

STORE IN A COOL, DRY PLACE, KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTLING MAY OCCUR.

MANUFACTURED IN THE U.S.A.

CONTAINS INCREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN MANUFACTURED FOR GHOST LLC 5651 S Edmond Street Las Vegas, NV 89118, U.S.A. 1-844-GHOST-88 (446-7888)

\*These statements have not been evaluated by the Food and Drug Administration
This product is not intended to diagnose, treat, cure or prevent any diseases





## SUPPLEMENT FACTS

Serving Size: 2 Scoops (17 g) Servings Per Container: 25

Ar	mount Per Serving	%DV**
Calories	0	
Total Carbohydrate	<1 g	<1%
Total Sugars	0 g	t
Includes 0g Added Sugars		0%
GHOST LEGEND®		
L-Citrulline (Vegan Fermented)	4000 mg	Ť
Beta-Alanine	3200 mg	t
Nitrosigine® (Inositol Stabilized Arginine Silicate	) 1500 mg	t
Senactiv® (Panax notoginseng (root) and Rosa rox (fruit)) extracts	burghii 50 mg	t
GHOST® SMART ENERGY		
L-Tyrosine	1000 mg	
Taurine	1000 mg	t

\*\* Percent Daily Values (DV) are based on a 2.000 calorie diet. + Daily Value not established. OTHER INGREDIENTS: Citric Acid, Malic Acid, Natural and Artificial Flavor, Tartaric Acid, Silicon Dioxide, Calcium Silicate, Sucralose, FD&C Red #40

## ♥ VEGAN FRIENDLY ⑤ GLUTEN FREE ⑤ SOY FREE ⑥ SUGAR FREE

WARHEADS® is a registered trademark of Impact Confections Inc.

Alpha-GPC (Alpha-Glyceryl Phosphoryl Choline 50%)

Natural Caffeine (from Coffee (Coffea spp.) Bean)

AstraGin® (Astragalus membranaceus and Panax notoginseng) Root extracts

Rauwolfia (Rauwolfia vomitoria) Root extract

Theobromine

300 mg

250 mg

100 mg

50 mg

1.5 mg