



MindCare[®] PROTECT

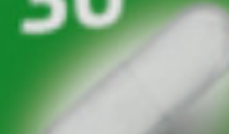
STAY SHARP

Supports normal brain function
& protects against oxidative stress

30



30



Omega-3 wild fish oil
Pure, ultra concentrated
EPA & DHA

+

N-Acetyl L-Cysteine,
alpha-lipoic acid,
resveratrol
& micronutrients



FOR HIM & HER



igennus

HEALTHCARE NUTRITION
Be kind to your health™

FOOD SUPPLEMENT

DIRECTIONS FOR USE

Take 1 omega-3 EPA & DHA capsule (silver blister) and 1 MindCare PROTECT micronutrient capsule (green blister) daily with food. Consistent intake is recommended for optimal results.

It is not necessary to take a general multivitamin and mineral supplement in addition to MindCare PROTECT. It is not advisable to exceed the recommended dose. Seek professional advice before taking any food supplement if you are taking medication, pregnant or breast-feeding. This product should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Store in a cool, dry place away from direct sunlight. Keep out of reach of young children.

INGREDIENTS

Omega-3 EPA & DHA capsule:

rTG (re-esterified triglyceride) omega-3 EPA & DHA concentrate from wild anchovy **fish** oil; capsule shell (emulsifiers: **fish** gelatine, vegetable glycerol); lemon oil; antioxidant: vitamin E (d-alpha tocopherol); vitamin D3.

MindCare[®] PROTECT micronutrient capsule:

Capsule shell (emulsifier: hydroxypropyl methylcellulose); alpha-lipoic acid; N-Acetyl L-Cysteine; resveratrol; vitamin C (ascorbic acid); vitamin B3 (nicotinamide); zinc citrate; selenium (selenomethionine); vitamin B5 (calcium-D Pantothenate); vitamin B6 (pyridoxal-5-phosphate); vitamin B1 (thiamine); vitamin B2 (riboflavin); folate (Quatrefolic[®]); vitamin B7 (biotin); vitamin B12 (methylcobalamin).

BEST BEFORE DATE please see base

DAILY NUTRITION TO HELP YOU STAY SHARP

Effective strategies to delay mental deterioration in later life begin in middle age. The brain requires specific nutrients, together with a good diet and active lifestyle, to stay healthy. MindCare PROTECT has been formulated with an advanced blend of bioactive nutrients to help adults stay sharp and get the most out of life.

DUAL CAPSULE FORMULA FOR ADVANCED SUPPORT

Omega-3 DHA contributes to the maintenance of normal brain function.*

Vitamins B2, C and E, selenium & zinc **protect cells against oxidative stress.**

Vitamin B5 contributes to **neurotransmitter production** and supports **mental performance.**

Vitamins B6, B12, C, D3, folate and selenium contribute to the normal functioning of the **immune system.**

B-vitamins & vitamin C contribute to the normal functioning of the **nervous system.**

Vitamin C contributes to **energy release.**

Zinc contributes to normal **cognitive function.**

* A beneficial effect is obtained with a daily intake of 250 mg of omega-3 DHA.

- ✓ No artificial colours, flavours or preservatives
- ✓ Free from: dairy, gluten, lactose, salt, soya, yeast
- ✓ High purity fish oil from sustainable wild anchovies
- ✓ Not tested on animals
- ✓ Non-GMO
- ✓ Halal | Kosher

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Omega-3 EPA & DHA capsule NUTRITIONAL INFORMATION	PER CAPSULE	% REF. INTAKE*
Omega-3 rTG concentrated fish oil	893 mg	n/a
of which EPA (eicosapentaenoic acid)	410 mg	
of which DHA (docosahexaenoic acid)	250 mg	
Vitamin E (d-alpha tocopherol)	6 mg	50
Vitamin D3	25 µg	500
*% reference intake		
Micronutrient capsule NUTRITIONAL INFORMATION	PER CAPSULE	% REF. INTAKE*
N-Acetyl L-Cysteine	100 mg	n/a
Alpha-lipoic acid	100 mg	n/a
Resveratrol	50 mg	n/a
Vitamin C (ascorbic acid)	80 mg	100
Vitamin B3 (niacin)	48 mg	300
Zinc (citrate)	15 mg	150
Vitamin B5 (pantothenic acid)	18 mg	300
Vitamin B6 (pyridoxal-5-phosphate)	7.98 mg	570
Vitamin B1 (thiamine)	5.5 mg	500
Vitamin B2 (riboflavin)	4.2 mg	300
Selenium	110 µg	200
Vitamin B7 (biotin)	100 µg	200
Folate ([6S]-5-methyltetrahydrofolate)	100 µg	50
Vitamin B12 (methylcobalamin)	20 µg	800
*% reference intake		