

Supplement Facts

Serving size 1 tablet
Servings per container 500

Amount per serving

Melatonin 10mg - daily value not established

Other ingredients: cellulose, vegetable stearins, silica. **FREE OF:** yeast, gluten, corn, soy, milk, egg.

Action: Melatonin is a potent free radical scavenger naturally produced by the pineal gland and in the intestinal tract. It helps promote tranquil sleep so you can awaken refreshed and revitalized. For people experiencing occasional sleeplessness.*

Warning: consult your doctor before using if you are under medical supervision, are using tranquilizers or sedatives, have an autoimmune condition, depressive disorder, pregnant or lactating. Do not use if: operating machinery or driving, under 18 years old, consuming alcoholic beverages. This product is not intended to treat, cure or prevent any disease. **Directions:** take 1 tablet at bedtime.

*Statements have not been evaluated by FDA. Mikeska Products Corp. 1-805-560-8369 P. O. Box 21201 Santa Barbara, CA 93121

SterlingHealth™

Premium

Melatonin

Promotes

Relaxation and Sleep

500 rapid release tablets

10mg/tablet

100% drug-free non-habit-forming

Vegan Formula

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