

Vegetarian • Non-GMO

Other Ingredients: organic gum acacia, silica, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin)

Contains: non-GMO soy and trace amounts of milk

Free Of: egg, fish, peanuts, crustacean shellfish, tree nuts and wheat. Free of ingredients derived from GMOs.

Suggested Use: Take 1 tablet daily, with or between meals, as a dietary supplement or as directed by your health practitioner. Store in a cool, dry place.

Caution: If you are pregnant, nursing, or taking any medications, consult your health practitioner before use. Discontinue use and consult your health practitioner if any adverse reactions occur.
Keep out of reach of children. Use only if safety seal is intact.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
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Prod. #P1018-60



Primary Care Men's Daily™

Multivitamin plus Whole Food Complex

60 Tablets

Dietary Supplement

EXCLUSIVE PROFESSIONAL FORMULAS

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving	% DV*		% DV*
Vitamin A †	1500 mcg RAE 167%	Pantothenic acid †	10 mg 200%
Vitamin C †	60 mg 67%	Calcium †	20 mg 2%
Vitamin D †	40 mcg 200%	(as Calcium Lithothamnion)	
Vitamin E †	20 mg 134%	Iodine †	75 mcg 50%
Vitamin K †	75 mcg 63%	Magnesium †	5 mg 1%
Thiamin (Vitamin B-1) †	1.7 mg 142%	Zinc †	15 mg 136%
Riboflavin (Vitamin B-2) †	1.7 mg 131%	Selenium †	75 mcg 136%
Niacin (Vitamin B-3) †	20 mg NE 125%	Copper †	1.4 mg 156%
Vitamin B-6 †	2 mg 118%	Manganese †	1 mg 43%
Folate (Folic Acid) †	333 mcg DFE 83%	Chromium †	75 mcg 214%
Vitamin B-12 †	50 mcg 2083%	Molybdenum †	10 mcg 22%
Biotin †	150 mcg 500%		

Vitamin K2	10 mcg	**
Mixed Carotenoids	500 mcg	**
Organic Stress and Energy Support Blend	50 mg	**

Organic *Schisandra chinensis* (fruits/seeds), Organic Maca (*Lepidium meyenii*) (root), Organic Chamomile (*Matricaria chamomilla*) (flowers)

Organic Fenugreek seed powder (<i>Trigonella foenum-graecum</i>), Organic Oregano powder (<i>Origanum vulgare</i>) (leaf), Organic Hawthorne powder (<i>Crataegus oxyacantha</i>) (leaf), Grapeseed extract (<i>Vitis vinifera</i>) [Std to 95% Polyphenols]	20 mg	**
Immune Support Blend	15 mg	**

Elderberry extract (*Sambucus nigra* L.) (fruit/flower), Organic Eleuthero (*Eleutherococcus senticosus*) (rhizome), Organic Astragalus root (*Astragalus membranaceus* L.)

Organic Turmeric (<i>Curcuma longa</i>) (rhizome)	20 mg	**
Organic Ginger root (<i>Zingiber officinale</i>)	20 mg	**

* Daily Values based on 2,000 calorie diet

** Daily Value not established

† Nutrients & herbs are cultured in organic media that may contain: *S. cerevisiae* (organic yeast: active & inactive), *L. acidophilus*, *L. bifidus*, *L. rhamnosus* & enzymes (deactivated).