

Supplement Facts

Serving size	1 tablet
Servings per container	500

Amount per serving	% daily value
10,000 mcg (10mg)	3333%

Other ingredients: cellulose, starch, vegetable stearins, hydroxypropyl methylcellulose. **FREE** **OF:** yeast, gluten, corn, soy, milk, egg. **Action:** Biotin (Vitamin-B7) provides dietary support for healthy hair and nails as well as promoting energy production. By supporting the matrix of hair and nails Biotin promotes shiny lustrous hair and strong resilient nails. * Consult your doctor prior to use if you have a medical condition, or are taking prescription drugs, are pregnant or lactating. This product is not intended to treat, cure or prevent any disease. **Directions:** take 1 tablet daily, preferably with meals. *Statements have not been evaluated by FDA.

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SterlingHealth™

Premium

Biotin

Promotes

Healthy Hair, Strong Nails
Immunity, Energy Production

10,000 mcg/tablet

500 Tablets Vegan Formula

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