

SUGGESTED USE: For immediate energy to start your day, take upon waking. Results are best produced when taken on an empty stomach, or between meals. Always start with 1 capsule to assess tolerance. Serving size can be increased to 2 or more capsules to achieve advertised benefits. Servings can be used multiple times, spread throughout the day, for desired effects. Do not use close to bedtime.

Contact Support@youliveit.org for any questions or concerns.

WARNING: For use by healthy adults only. Not recommended for persons under the age of 18. Do not use if you are pregnant or nursing. Seek advice from a healthcare professional if you have any preexisting medical condition to ensure it is safe to take this product. In case of accidental overdose, contact a poison control center immediately. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MADE IN



U. S. A.



DISTRIBUTED BY:
Live It, Boardman Ohio 44512
www.youliveit.org
877.657.6579

INCREASE ALERTNESS
USE INTELLIGENCE
MENTAL CLARITY
IMPROVE FOCUS
LOWER ANXIETY
INCREASE LIFE
BOOST MOOD
INCREASE ENERGY
STRENGTH
BURN FAT
ENERGY

ENHANCE SODIUM
SUPPORT NEURAL

MAXIMIZE C

UPGRADE I

POWERFUL

BOOST N

BOOSTING

OPTIM

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Live It

GRIND

60 CAPSULES
DIETARY SUPPLEMENT

THE FIRST ALL-IN-ONE DAILY GRIND

Supplement Facts

Serving Size: 1 Capsule (635mg)
Servings Per Container 60

Amount per Serving	% DV
Caffeine Anhydrous	100mg *
N-Acetyl-L-Tyrosine	100mg *
Citicoline Sodium	100mg *
Huperzine A 1%	100mcg *
L-Theanine	50mg *
Mucuna Pruriens (98% L-Dopa)	50mg *
Schisandra Berry P.E. 9% UV	50mg *
Cymbidium Georlingii	50mg *
Evodiamine (98%)	25mg *
Hordenine HCL	25mg *
Higenamine HCL	20mg *
Synephrine HCL	10mg *
Piperine 95%	10mg *
Vinpocetine	5mg *

*Daily Value (DV) not established

Other Ingredients: Gelatin (capsule), Magnesium Stearate, Di-Calcium Phosphate, Silicon Dioxide.



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