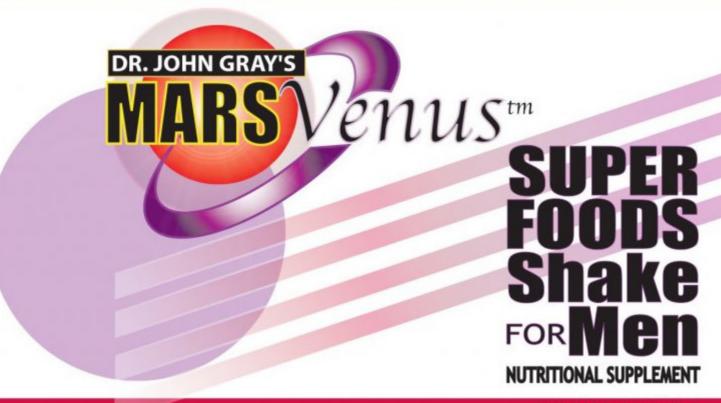
**Directions:** Mix 2 scoops with 8 oz of purified water. For optimum taste, add cubes of ice and blend thoroughly. Replace one or two meals daily.

Mars Venus Super Foods Shake for Men is a nutritional supplement to be used as part of the Mars Venus Wellness Solution.

"With positive communication and correct nutrients, you can experience a lifetime of health, happiness and lasting passion".

John Gray Ph. D. - The Mars & Venus Diet & Exercise Solution

Note: If you are on medication or are beginning a weight-control program or have a medical condition, diabetes, or hypertension, consult your physician before using this product or making any other dietary changes. Discontinue use if allergic reaction occurs.



NATURAL CHOCOLATE

NET WT. 25.4 oz (720 g) (.720 kg)

## **Nutrition Facts**

Serving Size: 2 scoops (48 g Servings per Container: 15

der vings per do	mainer. 10			
Amount per Serving		Onlarian f	Г-+ С	
Calories 160	0.1.1	Calories fr		
	Calorie	es from Satura	ited Fat 1	
A CONTRACTOR OF THE PARTY OF TH		9	6 Daily Valu	
Total Fat 2 g		39		
Saturated Fat	1 g		5	
Trans Fat 0 g				
Cholesterol 20	mg		79	
Sodium 20 mg		19		
Potassium 450 r	ng	139		
Total Carbohyd	rate 21 g	79		
Dietary Fiber 3			129	
Sugars 10 g				
Protein 13 g			269	
- meser mente			TANKS TO SERVICE STATE OF THE PARTY OF THE P	
Vitamin A 34%	•	Vitamin C 36	%	
Calcium 24%	•	Iron 10%		
Vitamin D 36%		Vitamin E 38%		
Thiamin 38%	•	Riboflavin 34%		
Niacin 34%	•	Vitamin B6 34%		
Folate 45%	•	Vitamin B12 65%		
Biotin 34%		Pantothenic Acid 34%		
Phosphorus 20% •		lodine 34%		
Magnesium 33% •		Zinc 36%		
Selenium 34% •		Copper 35%		
Manganese 35% •		Chromium 38%		
Molybdenum 34				
*Percent Daily Values :	are based on a	2,000 calorie diet. \	Your daily	
values may be higher				
Total Cat	Calories:	2,000	2,500	
Total Fat Sat Fat	Less than Less than	65 g 20 g	80 g 25 g	
Cholesterol	Less than	300 mg	300 mg	
Sodium	Less than	2,400 mg	2,400 m	
Potassium		3,500 mg	3,500 m	
Total Carbohydrate		300 g	375 g	
Dietary Fiber		25 g	30 g	
Protein		50 g	65 g	
Calories per gram: Fat 9	Carbohydrat	e4 •	Protein	
DUTTE TO SECOND	- January and and			

Ingredients: Protein Complex [calcium caseinate (undenatured), whey protein concentrate (undenatured)], cocoa powder, molasses, glucose, flax seed (alpha linoleic acid stabilized), blanched almond meal, vanilla flavor, malted milk flavor, honey, lecithin, wolfberry (Lycium barbarum) fruit extract, medium-chain triglycerides, amla (Emblica officinalis) fruit extract, xanthan gum, magnesium oxide, tricalcium phosphate, magnesium stearate, guar gum, cinnamon, citric acid, magnesium citrate, choline bitartrate, alfalfa (Medicago sativa) extract 5:1, stevia (Stevia rebaudiana) leaf extract, betaine HCl, Lactobacillus acidophilus, yucca (Yucca schidigera) root powder, vitamin C (ascorbic acid), phosphatidyl serine, psyllium (Plantago ovata) seed powder/plant soluble fiber, vitamin E succinate, biotin, sodium chloride, niacin, zinc oxide, copper amino acid chelate, vitamin A (beta carotene), iodine amino acid chelate, manganese amino acid chelate, d-calcium pantothenate, selenium amino acid chelate, folic acid, vitamin D3 (cholecalciferol), chromium amino acid chelate, bromelain (from Ananas comosus), lactase (from Aspergillus oryzae), lipase (from Rhizopus oryzae), cellulase (from Trichoderma longibrachiatum), protease (from Aspergillus oryzae), papain (from Carica papaya), alpha amylase (from Bacillus subtilis), acid stable protease (from Aspergillus niger), molybdenum amino acid chelate, vitamin B6 (pyridoxine HCl), thiamin HCl, riboflavin, vitamin B12 (cvanocobalamin), ionic trace mineral complex

Contains milk, soy, and tree nut (almond) ingredients.

## Contains Amino Acids

nine	Cysteine	Histidine	Lysine	Proline	Tryptophan
jinine	Glutamic Acid	Isoleucine	Methionine	Serine	Tyrosine
partic Acid	Glycine	Leucine	Phenylalanine	Threonine	Valine



