

**SUGGESTED USE:** Mix each scoop (1 serving) of GHOST® GREENS with 8-10oz of water or beverage of choice. Vary amount of liquid to taste. Consume daily.

**GHOST® GREENS WAS CONCEIVED BECAUSE KALE YEAH\***

**WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER.** Before using this product, consult a licensed, qualified healthcare professional if: you are taking any medications or other dietary supplement, or prescription drug; or if you have or have been treated for, diagnosed with or have a family history of, any medical condition. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product. Not for use by women that are pregnant, nursing, or trying to become pregnant.

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.**

 **MANUFACTURED IN THE U.S.A.**  
IN A GMP COMPLIANT FACILITY  
This product contains ingredients of international and domestic origin

**MANUFACTURED FOR GHOST®** 170 S. Green Valley Parkway, Suite 300  
Henderson, NV 89012, U.S.A. 1-844-GHOST-88 (446-7888)

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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



**30 | GREENS**  
SERVINGS | **SUPERFOOD**  
DIETARY SUPPLEMENT NET WT. 10oz (285g)  
**ORIGINAL**  
NATURALLY FLAVORED

| SUPPLEMENT FACTS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                    |       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-------|
| Serving Size: 1 Scoop (9.5 g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                    |       |
| Servings Per Container: 30                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                    |       |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Amount Per Serving | %DV** |
| Calories                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 25                 |       |
| Total Carbohydrate                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 6 g                | 2%    |
| Dietary Fiber                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 3 g                | 11%   |
| Total Sugars                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 1 g                | †     |
| Includes 0g Added Sugars                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                    | 0%    |
| Iron                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 1 mg               | 6%    |
| <b>GHOST® FRUITS x VEGETABLES</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>6640 MG</b>     |       |
| Super Greens                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 4340 mg            | †     |
| Kale Powder (1390mg), Organic Matcha (500mg), Organic Wheat Grass (500mg), Organic Spirulina (500mg), Organic Cracked Cell Wall Chlorella (500mg), Organic Barley Grass (250mg), Organic Oat Grass (250mg), Organic Alfalfa Grass (250mg), Broccoli Powder (100mg), Organic Astragalus 10:1 (100mg)                                                                                                                                                                                                                                                                                                                                          |                    |       |
| Antioxidant Reds                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 2200 mg            | †     |
| AcaiVida® Acai Juice Powder (500mg), Pomegranate Juice Powder (500mg), Blueberry Juice Powder (350mg), Cranberry Powder (350mg), JabuVital® Jabuticaba Powder (100mg), Camu Camu Juice Powder (100mg), Aronia Fruit Powder (100mg), Organic Noni 5:1 (100mg), Organic Goji Berry Powder (100mg)                                                                                                                                                                                                                                                                                                                                              |                    |       |
| Spectra™ Total ORAC Blend                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 100 mg             | †     |
| Coffea Arabica Extract, Green Tea Extract, Broccoli Sprout Concentrate, Onion Extract, Apple Extract, Quercetin, Tomato Concentrate, Broccoli Concentrate, Camu Camu Concentrate, Maltodextrin, Acerola Extract, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Carrot Concentrate, Elderberry Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Raspberry Concentrate, Spinach Concentrate, Chokeberry Concentrate, Kale Concentrate, Blackberry Concentrate, Bilberry Extract, Brussel Sprout Concentrate |                    |       |
| <b>GHOST® GUT HEALTH</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>2110 MG</b>     |       |
| Inulin (Prebiotic from Chicory Root)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 2000 mg            | †     |
| BioCore® Optimum Complete                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 110 mg             | †     |
| Amylase (from <i>A. oryzae</i> ) 3500 DU, Protease (from <i>A. oryzae</i> ) 21,000 HUT, Protease (from <i>A. oryzae</i> ) 4000 PC, Alpha-Galactosidase (from <i>A. niger</i> ) 150 GalU, Glucoamylase (from <i>A. niger</i> ) 9 AGU, Lactase (from <i>A. oryzae</i> ) 1000 ALU, Protease (from <i>A. niger</i> ) 50 SAPU, Invertase (from <i>S. cerevisiae</i> ) 399.8 SU Lipase (from <i>Candida rugosa</i> , <i>A. niger</i> and <i>R. oryzae</i> ) 500 FIP, Acid Maltase (from <i>R. oryzae</i> ) 14 MaltU, Peptidase (from <i>A. oryzae</i> ) 2 AP                                                                                       |                    |       |
| GHOST® Probiotic                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 10 billion CFUs    | †     |
| <i>B. subtilis</i> DE111 (5 billion CFUs), <i>L. acidophilus</i> (2.5 billion CFUs), <i>S. boulardii</i> (250 million CFUs), <i>B. coagulans</i> (1 billion CFUs), <i>B. lactic</i> (1.25 billion CFUs)                                                                                                                                                                                                                                                                                                                                                                                                                                      |                    |       |
| ** Percent Daily Values are based on a 2,000 calorie diet.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                    |       |
| † Daily Value not established.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                    |       |

OTHER INGREDIENTS: Natural Flavor, Organic Whole Leaf Stevia Extract  
100% VEGAN FRIENDLY 60 GLUTEN FREE 50 SOY FREE