**DIRECTIONS:** Mix each scoop (serving) of **GHOST® WHEY** with 5-6oz of water or beverage of choice. Vary amount of liquid to taste.

## **GHOST® WHEY WAS CONCEIVED TO** FEED SAVAGERY AROUND THE CLOCK











## **LEGENDS DON'T ALWAYS USE A SHAKER**

GHOST® WHEY is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at ghostlifestyle.com

**WARNING:** This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

STORE IN A COOL, DRY PLACE, KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS RROKEN OR MISSING CONTENTS SOLD BY WEIGHT NOT VOLUME SOME SETTLING MAY OCCUR

MANUFACTURED FOR GHOST LLC 170 S. Green Valley Parkway, Suite 300 Henderson, NV 89012, U.S.A.

1-844-GHOST-88 (446-7888)



CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.







## NUTRITION FACTS

Approx. 27 Servings per Container

Serving Size: 1 Rounded Scoop (34 grams)

Amount Per Serving

**CALORIES** 

130 % Daily Value\*\*

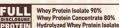
Total Fat 1.50 Saturated Fat 1g Trans Fat Og Cholesterol 40mg 13% Sodium 180mg 8% Total Carbohydrate 40 Dietary Fiber Og 0% Total Sugars 2g Includes Og Added Sugars Protein 25g Vitamin D Omco Calcium 110mg

\*\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein (Whey Protein Isolate 90% (Sunflower Lecithinated), Whey Protein Concentrate 80% (Sunflower Lecithinated), Hydrolyzed Whey Protein Isolate), Natural and Artificial Flavor, Salt, Enzymes (Proteases, Bromelain, Lactase), Cellulose Gum, Xanthan Gum, Sucralose, Acesulfame Potassium Contains: Milk



Iron Oma Potassium 140mg

> Whey Protein Isolate 90% Whey Protein Concentrate 80%

14.53g Delivering 12.5g Protein 13.16g Delivering 10g Protein 2.98g Delivering 2.5g Protein

NO AMINO SPIKING SOY FREE GGLUTEN FREE