# RECOVER AND BUILD

RCAA 2:1:1 provides 5 grams of Instaminos™ which are a rapidly dispersible form of the branched chain amino acids Leucine, Isoleucine and Valine delivered using the highly researched 2:1:1 ratio.† Branched chain amino acids play a vital role in helping build new muscle. bolstering strength, accelerating recovery and minimizing muscle breakdown after workouts.† BCAA 2:1:1 also contains Tart Cherry Powder as recent studies suggest it may support faster muscle repair to further accelerate recovery.1

## SUGGESTED USE:

As a dietary supplement, use one (1) level scoop with 10 fl oz of water 2 times daily. For optimal use, use one (I) level scoop between meals, 30-45 minutes before workouts, during workouts, and/or immediately following workouts.

#### **BEAST INGREDIENTS ARE ROUTINELY TESTED FOR:**



RAW MATERIAL IDENTIFICATION.



MICROBIALS TO DETECT BACTERIA & MOLD.



HEAVY METALS INCLUDING MERCURY AND LEAD.

# BEASTSPORTS.COM

MANUFACTURED IN THE USA FROM DOMESTIC AND/OR IMPORTED INGREDIENTS.





BUILD MUSCLE LIKE A BEAST











RAPID DISPERSION TECHNOLOG CLINICALLY STUDIED 2:1 RATIO

**30 SERVINGS** DIETARY SUPPLEMEN NET WT 8.09 OF (255)

# Supplement Facts

Serving Size: 1 Scoop (Approx. 8.5 g) Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin D (as Cholecalciferol)	1000 IU	250%
Vitamin B <sub>1</sub> (as Pyridoxine HCI)	10 mg	500%
Vitamin Br: (as Cyanocobalamin)	30 mcg	500%
Sodium (as Sodium Chloride)	20 mg	;
InstAminos™ BCAA	5000 mg	
L-Leucine	2500 mg	
L-Isoleucine	1250 mg	
L-Valine	1250 mg	
Glycine	465 mg	
L-Alanine	300 mg	
Taurine	300 mg	44
Tart Cherry Powder (from Montmorency Chemies) (Prunus cerasus)	240 mg	*
"Daily Value Not Established		

Not a significant source of Sodium Other Ingredients: Malic Acid, Natural and Artificial Flavors, Citric Acid, Silicon Dioxide, Sucralose. Acesulfame K. Turmeric Powder (for color).

ALLERGEN WARNING: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

STORAGE CONDITIONS: Store in a cool dry place.

InstAminos™ is a trademark of Compound Solutions, Inc.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

### WARNING: CHECK WITH A QUALIFIED HEALTHCARE

professional before using this product, or any dietary supplement, if you are under the age of 18 or if you have any known or suspected medical condition(s) and/or are taking any prescription or OTC medication(s).

DO NOT USE IF SEM, IS BROKEN OR MISSING. STED SHIT OF BE MON OF CHILDREN

