

**DIRECTIONS:** Mix each scoop (serving) of GHOST® WHEY with 5-6oz of water or beverage of choice. Vary amount of liquid to taste.

**GHOST® WHEY WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK**



**LEGENDS DON'T ALWAYS USE A SHAKER**  
GHOST® WHEY is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at [ghostlifestyle.com](http://ghostlifestyle.com)

**WARNING:** This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.**

**MANUFACTURED FOR GHOST LLC**  
5651 S Edmond Street  
Las Vegas, NV 89118, U.S.A.  
1-844-GHOST-88 (446-7888)

**MANUFACTURED IN THE U.S.A. IN A GMP COMPLIANT FACILITY**  
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

FOLLOW US @GHOSTLIFESTYLE  
  
[WWW.GHOSTLIFESTYLE.COM](http://WWW.GHOSTLIFESTYLE.COM)

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).



# GHOST

**WHEY PROTEIN**  
26 SERVINGS | NET WT. 2lb (924g)

**130** CALORIES | **25G** PROTEIN  
**MILK CHOCOLATE**  
NATURALLY AND ARTIFICIALLY FLAVORED

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.



**NUTRITION FACTS**

Approx. 26 Servings per Container  
Serving Size: 1 Rounded Scoop (35 grams)

Amount Per Serving	130	% Daily Value**
<b>CALORIES</b>		
Total Fat 1.5g		2%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 40mg		13%
Sodium 160mg		7%
Total Carbohydrate 4g		1%
Dietary Fiber 1g		4%
Total Sugars 2g		
Includes 0g Added Sugars		0%
<b>Protein 25g</b>		<b>50%</b>
Vitamin D 0mcg		0%
Calcium 135mg		10%
Iron 1mg		6%
Potassium 110mg		2%

\*\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.  
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Whey Protein (Whey Protein Isolate 90% (Sunflower Lecithinated), Whey Protein Concentrate 80% (Sunflower Lecithinated), Hydrolyzed Whey Protein Isolate), Natural and Artificial Flavor, Cocoa Powder (Processed with Alkali), Salt, **Enzymes** (Proteases, Bromelain, Lactase), Cellulose Gum, Xanthan Gum, Sucralose  
Contains: Milk

**FULL DISCLOSURE PROTEIN**  
 Whey Protein Isolate 90% 14.53g Delivering 12.5g Protein  
 Whey Protein Concentrate 80% 13.16g Delivering 10g Protein  
 Hydrolyzed Whey Protein Isolate 2.98g Delivering 2.5g Protein

NO AMINO SPIKING SOY FREE GLUTEN FREE

BE SEEN®