

Omega Hero features a concentrated, purified source of omega-3 fatty acids in triglyceride form from sustainably sourced, cold-water fish. Each softgel provides a total of 710 mg EPA and 290 mg DHA.

Directions: Take one softgel up to three times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

This product is manufactured in a facility that processes soy and fish.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OMEGA HERO

Omega-3
Supplement

Formulated for
Sara Gottfried, M.D.

NATURAL LEMON FLAVOR
TRIGLYCERIDE FORM
HELPS SUPPORT CARDIOVASCULAR,
MUSCULOSKELETAL, & IMMUNE
SYSTEM HEALTH*



reset_{60.}

60
SOFTGELS

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 60

Amount Per Serving		% Daily Value
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Cholesterol	5 mg	2%
Marine Lipid Concentrate	1.4 g	**
EPA (Eicosapentaenoic acid triglyceride)	710 mg	**
DHA (Docosahexaenoic acid triglyceride)	290 mg	**
Other Omega-3 Fatty Acid Triglycerides	100 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains:** Fish (anchovy, sardine, and mackerel).

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