

bräinstrong™

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Supplement Facts

Serving Size: Three (3) Softgels
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	30	
Calories from fat	25	
Total fat	2.5 g	4%**
DHA (docosahexaenoic acid from algal oil)	900 mg	†
Brainstrong Proprietary Blend (L-theanine, green tea extract)	300 mg	†

**Percent Daily Values based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Modified cornstarch, carrageenan, glycerin, sorbitol, water, yellow beeswax, soy lecithin, caramel powder.
Contains soy.

Directions: Take 3 softgels per day. May be taken all at once or throughout the day. Does not need to be taken with food.

As with any nutritional supplement, please inform your healthcare professional before use. Keep out of reach of children.

†A recent clinical study showed that adults over 55 with a mild memory complaint who took 900mg/day of life'sDHA™ for 6 months, improved their short-term memory.

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For questions, concerns, or to report an adverse event, please call (800) 722-3476. www.brainstrongdha.com

Do not use this product if safety seal bearing "SEALED for YOUR PROTECTION" under cap is missing or torn.

Storage Conditions: Store at room temperature. Do not expose to excessive heat, humidity, or direct sunlight.

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Strengthen your brain and boost your short term memory, naturally!

Maintaining a healthy brain as you age is easier than you think. Regular exercise, getting enough sleep and eating a healthy, well balanced diet with a sufficient amount of DHA omega-3 will certainly help. DHA is one of the good fats that helps keep our brains running optimally as we age.* In fact, 97% of the omega-3 fats in the brain are DHA. Just like we need calcium for strong bones, we need DHA for strong brains.

BrainStrong™ Adult is uniquely formulated with life'sDHA™, the only source of DHA clinically shown to improve memory in adults over 55,† plus L-theanine and green tea extract to naturally support mental sharpness and energy.* Taken as directed, BrainStrong™ Adult will naturally protect your brain against normal cognitive decline associated with aging as well as enhance your mental clarity.*

life'sDHA™ is from an all-natural, vegetarian source (algae); not fish. Most people think that fish are the original source of DHA omega-3, but it's really the algae they eat that naturally contains this brain healthy omega-3.* With life'sDHA™, you get all the health benefits of DHA without the worry of ocean-borne pollutants and toxins potentially found in certain fish.

life'sDHA™ is a trademark of Martek Biosciences Corporation.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

900mg of DHA omega-3 per serving

NEW!

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Clinically shown to improve memory**

Naturally supports mental clarity*

Helps protect against normal cognitive decline as we age*

All Vegetarian

not actual size



ADULT 90 vegetarian softgels

life'sDHA™ is from a sustainable plant source

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