

149002A EXP10/13

L-Tryptophan, an essential amino acid, assists with sleep patterns, anxiety and aids in digestion.*

Gluten and Excipient-free

CAUTION: Consult your healthcare professional before taking this product.

Keep tightly closed in a cool, dry place, out of the reach of children.

Manufactured in a GMP Certified Facility
Metabolic Maintenance Products PO Box 940, Sisters, Oregon 97759
www.metabolicmaintenance.com

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any diseases.



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**Metabolic
Maintenance**

DIETARY SUPPLEMENT

AMINO ACID

L-Tryptophan

60 CAPSULES

500 mg

DIRECTIONS: One to two (1-2) capsules daily on an empty stomach at bed time, or as directed by a healthcare professional.

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	
Vitamin B-6 (as Pyridoxine HCl)	10 mg	500%
L-Tryptophan (TryptoPure™)	500 mg	**

*Daily Value not established for this ingredient

Other ingredients: vegetarian capsule

TryptoPure™ is a registered trademark of
Ajinomoto Aminoscience LLC

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