

NATURAL HERBAL BLEND for PMS Relief*

NEW!

AZO PMS RELIEF™

Fast acting formula to help reduce
bloating, moodiness & irritability*

36 Caplets

100% Vegetarian

Dietary Supplement

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



WARNING: Not for use by persons under the age of 18. If pregnant, nursing a baby, or taking a prescription drug, ask a health professional prior to use. Do not exceed recommended dose. Excessive consumption may impair ability to drive or operate heavy equipment. Not recommended for consumption with alcoholic beverages.

Tamper evident: caplets sealed in blisters. Do not use if blister foil or seal is open or damaged. Because this is a natural product, caplet color may vary. Store at room temperature. Do not expose to excessive heat, humidity or direct sunlight.

Fast acting and natural AZO PMS RELIEF™ is formulated to help reduce bloating, moodiness and irritability, associated with premenstrual syndrome*

Supplement Facts

Serving Size: Two (2) Caplets

Servings Per Container: 18

	Amount Per Serving	% Daily Value
Thiamin (as thiamine mononitrate)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folate (as folic acid)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	25 mcg	417%
Calcium (as calcium carbonate)	200 mg	20%
Magnesium (as magnesium oxide)	100 mg	25%
Anti-Bloating Herbal Diuretic Blend: Buchu leaf, cornsilk stylus, couch grass (rhizome), hydrangea root, juniper berry, uva ursi leaf	300 mg	†
Calming Blend: Chinese date fruit (<i>Zizyphus jujube</i>), ginger root extract and <i>Magnolia officinalis</i> bark standardized extract.	180 mg	†
PMS Blend: White peony root extract, chaste berry fruit powder extract, and cramp bark	210 mg	†

† Daily Value not established.

Other ingredients: Cellulose, fractionated coconut oil, cellulose gum, silica, cinnamon flavor, and film coat [hypromellose, talc, medium chain triglycerides, inulin, citric acid, red sweet potato (color), titanium dioxide].

Directions: Take two (2) caplets every four to six hours as needed. Do not exceed six (6) caplets per day. Do not take for more than 10 consecutive days.

AZO PMS RELIEF™ contains no milk ingredients, synthetic dyes or colors, preservatives, artificial flavors, yeast, wheat or gluten.

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For questions, concerns, or to report an adverse event, please call (800) 722-3476 or visit www.azoproducts.com

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