(AUTION: Do not exceed recommended dose. Pregnant or nursing mothers, dildren under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOTUSE IF SAFETY SEAL IS DAMAGED ORMISSING. STORE IN A COOL, DRY PLACE.

WARNING: Accidental overdose of ron-containing products is a leading cause of fatal poisoning in children under 6. Keep hisproduct out of reach of children. In case efaccidental overdose, call a doctor or poison control center immediately.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, <sup>(ure or prevent any disease.</sup>

lot#and Expiration Date Printed on bottom of Bottle

SKU: 22466-812

V10R0

### **NUTRA4HEALTH**

# Complex

# Brain and

Focus Formula

(Selenium Amino Acid Chelate)

DIETARY SUPPLEMENT | 60 CAPSULES

## **Supplement Facts**

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Amo	ount Per Serving %DV
Vitamin A (as Beta-Carotene)	122 mcg RAE 14%
Vitamin C (as Ascorbic Acid)	125 mg 139%
Calcium (as Calcium Carbona	ate) 20 mg 2%
Iron (as Ferrous Fumarate)	1 mg 6%
Vitamin D (as Cholecalcifero	
Vitamin E (as DL Alpha Tocopheryl Acetate	14 mg 93%
Vitamin B1 (as Thiamine Mor	nonitrate) 3 mg 250%
Vitamin B2 (as Riboflavin)	1.7 mg 131%
Vitamin B3 (as Niacin)	12.5 mg NE 78%
Vitamin B6 (as Pyridoxine HCL)	12 mg 706%
Folate 6 (40	66 mcg DFE 167% 0 mcg Folic Acid)
Biotin	3 mcg 10%
Vitamin B5 (as D-Calcium Pantothenate)	12 mg 240%
Magnesium (as Magnesium Oxide)	50 mg 12%
Zinc (as Zinc Oxide)	10 mg 10%
Selenium	50 mcg 91%

Serving Size: 2 Capsules Servings Per Container: 30

Copper (as Copper Gluconate) 52 mcg		69
Manganese (as Manganese Amino Acid C	400 mcg helate)	179
Chromium (as Chromium Picolinate)	12 mcg	349
Molybdenum	10 mcg	229
Potassium (as Potassium Citrate)	50 mg	19
Choline (as Choline Bitart	rate) 50 mg	99

**Proprietary Blend** DMAE Bitartrate (Dimethylaminoethanol), L-Glutamine HCL, Glutamic Acid, Green Tea Extract (Camellia sinensis) (leaf), Bacopa Extract (Bacopa monnieri) (whole herb), Inositol, N-Acetyl L-Tyrosine, Bilberry Fruit Extract (Vaccinium myrtillus), Gaba (Gamma aminobutyric acid), Grape Seed Extract (Vitis vinifera L.), Grape Fruit Seed Extract (Citrus paradisi), Olive Leaf (Olea europaea L.), Cinnamon Bark Extract (Cinnamomum cassia), Licorice Root Extract (Glycyrrhiza glabra), Boron (as Boron citrate), DHA (Docosahexaenoic Acid) 14%, Vanadyl (as Vanadyl sulfate), Phosphatidylserine, Huperzine A.

642 mg

\*\* Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule) Rice Flour, Magnesium Stearate, Silicon Dioxide. Contains: Soy & Fish